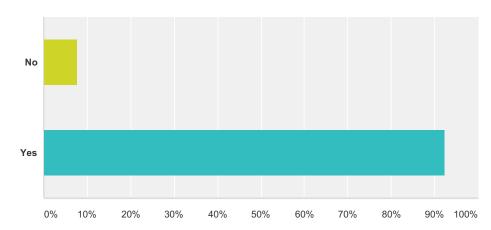
Q1 Do you have a driver's licence?

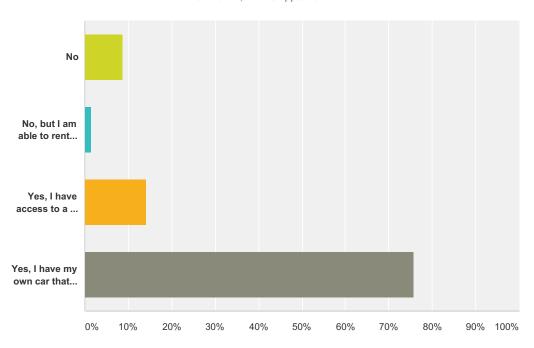
Answered: 1,114 Skipped: 14



Answer Choices	Responses	
No	7.81%	87
Yes	92.19%	1,027
Total		1,114

Q2 Do you have access to a car?

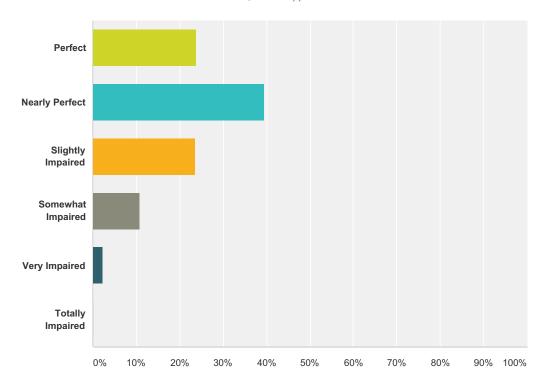
Answered: 1,120 Skipped: 8



Answer Choices		
No	8.75%	98
No, but I am able to rent or borrow a car occasionally	1.43%	16
Yes, I have access to a car that I share with another person	14.11%	158
Yes, I have my own car that I can use whenever I want	75.71%	848
Total		1,120

Q3 Please use the scale below to tell us if you have any difficulty hearing. How would you rate your hearing? (If you have an assistive device, such as a hearing aid, that you use regularly, please answer the question while thinking about how your hearing is while you are using your assistive device.)

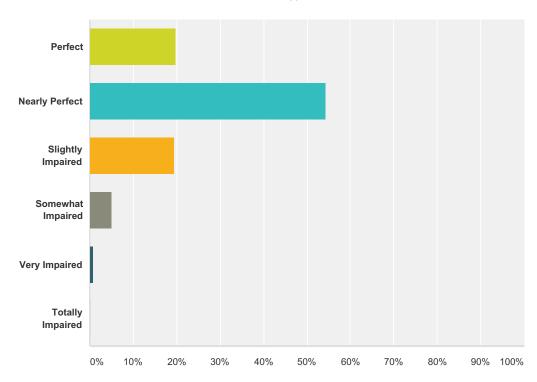




Answer Choices	Responses
Perfect	23.75% 266
Nearly Perfect	39.38% 441
Slightly Impaired	23.66% 265
Somewhat Impaired	10.80%
Very Impaired	2.23%
Totally Impaired	0.18%
Total	1,120

Q4 How well do you see? (If you regularly wear glasses or contact lenses to help you see better, please answer the question while thinking about how well you see when you are wearing your glasses/contact lenses.)

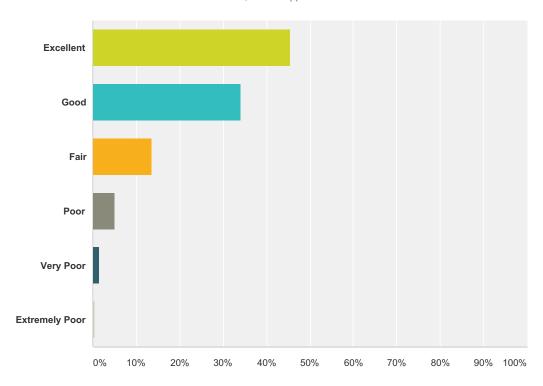




Answer Choices	Responses
Perfect	19.93% 223
Nearly Perfect	54.33% 608
Slightly Impaired	19.48 % 218
Somewhat Impaired	5.09% 57
Very Impaired	0.89% 10
Totally Impaired	0.27% 3
Total	1,119

Q5 We would now like you to rate your mobility, that is, how easy it is for you to get around. If you regularly use any kind of assistive device (e.g. cane, wheel chair, etc.), please rate your mobility while you are using this device assistive device. How would you rate your mobility (i.e. your ability to get around easily)?





Answer Choices	Responses
Excellent	45.59% 507
Good	34.08% 379
Fair	13.49 % 150
Poor	5.04% 56
Very Poor	1.44% 16
Extremely Poor	0.36% 4
Total	1,112

Q6 Do you have any other disabilities that you would like to tell us about?

Answered: 483 Skipped: 645

#	Responses	Date
1	no	4/25/2017 6:35 AM
2	one foot !!!	4/24/2017 11:05 PM
3	osteoarthritis in left hip and knee.	4/24/2017 9:28 PM
4	No	4/24/2017 8:20 PM
5	Virtigo	4/24/2017 7:33 PM
6	Need oxygen and assistance, wheel chair or ntransporter	4/24/2017 7:14 PM
7	none	4/24/2017 6:36 PM
8	None	4/24/2017 6:25 PM
9	NO	4/24/2017 5:14 PM
10	none	4/24/2017 4:52 PM
11	no	4/24/2017 4:31 PM
12	No	4/24/2017 3:26 PM
13	no	4/24/2017 3:23 PM
14	Cardio problems. Not completely recovered from a concussion caused by a fall.	4/24/2017 3:21 PM
15	excessive arthritis in hands and both feet.	4/24/2017 3:06 PM
16	no	4/24/2017 2:40 PM
17	Although knees & feet are a problem, my back troubles me the most with constant pain and am taking pain killers which apparently is the solution and that does not relieve the discomfort of pain.	4/24/2017 1:03 PM
18	depression, anxiety, osteoarthritis, COPD	4/24/2017 12:52 PM
19	I have continual vertigo (dizziness)	4/24/2017 12:29 PM
20	No	4/24/2017 12:18 PM
21	Bad back Prostate cancer 26 years ago	4/24/2017 11:55 AM
22	marginal indications of early onset Alzheimers	4/24/2017 11:47 AM
23	PCS and CRPS	4/24/2017 10:45 AM
24	Chronic pain. Managed with opiods.	4/24/2017 10:37 AM
25	Rheum.Arthritis,Osteoporosis.poor balance	4/24/2017 10:10 AM
26	Blind from my left eye.	4/24/2017 6:26 AM
27	I suffer from chronic depression and generalized anxiety.	4/24/2017 12:57 AM
28	Lower Back pain after standing too long.	4/23/2017 11:52 PM
29	I'm essentially house-bound often bedridden "young" senior (just turned 65), became "officially" disabled (not able work, socialize etc. outside of my home & also consequently with vastly reduced financial wherewithal) 17 years ago as result of multiple "hits" simultaneously of flu (2 severe strains before that year's flu shot available) & pneumonia viruses (2 strains not included in pneumonia vaccine because constantly mutate) which almost killed me and permanently severely comprised my immune system and daily physical "functionality", leaving me with 3 major disabilities, and a number of chronic ill health conditions — as well as reduced adrenal gland function and severe hypothyroidism which has now progressed to thyroid atrophy	4/23/2017 11:51 PM
30	no disabilities	4/23/2017 11:37 PM

31	Arthritis in both knees. Due for surgery on one.	4/23/2017 11:05 PM
32	none	4/23/2017 10:26 PM
33	I have mobility issues which means my walking is limited and some days are better than others.	4/23/2017 10:15 PM
34	NO	4/23/2017 9:25 PM
35	no	4/23/2017 9:16 PM
36	Fibromyalgia, Polymyalgia	4/23/2017 9:13 PM
37	no	4/23/2017 8:30 PM
38	no	4/23/2017 8:24 PM
39	No disabilities	4/23/2017 8:23 PM
40	bad hip and balance issues	4/23/2017 8:12 PM
41	Arthritic Knees, Hips and Hands. Balance issues.	4/23/2017 7:26 PM
42	none	4/23/2017 7:03 PM
43	fibromyalgia	4/23/2017 6:58 PM
44	I have cataracts in both eyes. I am getting the left eye operated on as soon as possible likely in Dec, . And later the right eye	4/23/2017 6:46 PM
45	Pain in my knees	4/23/2017 6:45 PM
46	No	4/23/2017 5:40 PM
47	No	4/23/2017 4:40 PM
48	no	4/23/2017 4:18 PM
49	I was diagnosed with positional vertigo in 2000. I am aware of my condition and change position, particularly when turning, carefully. It causes me little difficulty; I have fallen once in 17 years.	4/23/2017 4:18 PM
50	Cannot walk long distances without getting tired.	4/23/2017 4:09 PM
51	I do not need an assistive device but I have difficulty walking. My back and left knee.	4/23/2017 3:16 PM
52	None	4/23/2017 3:12 PM
53	incontinitsy	4/23/2017 1:31 PM
54	Broken arm prosthesis failing and painful. Broken screw in ankle surgery that hinders walking. Torn tendon in right shoulder that impairs some movement. Incompletely healed left shoulder break/dislocation. Skin cancer. Otherwise good enough.	4/23/2017 1:29 PM
55	I have severe spinal deterioration causing severe pain. Nothing helps It causes many problems like falling and numbness in my feet.	4/23/2017 12:30 PM
56	No.	4/23/2017 12:12 PM
57	No	4/23/2017 11:44 AM
58	No	4/23/2017 10:27 AM
59	I tire quickly and I am developing hip problems	4/23/2017 10:26 AM
60	No Thanks	4/23/2017 10:22 AM
61	No	4/23/2017 9:52 AM
62	None	4/23/2017 9:47 AM
63	no	4/23/2017 9:20 AM
64	Arthritis	4/23/2017 12:08 AM
35	Heart condition I faint and reason is unknown Last episode I was unconscious for fourteen hours on floor. When discovered inwasbtaken to hospital where I spent two months recovering.	4/23/2017 12:05 AM
66	No	4/22/2017 11:54 PM
67	no	4/22/2017 11:38 PM

68	I have arthritis of the spine, and L4-5 disc degeneration; diabetes type 2.	4/22/2017 10:41 PM
69	None	4/22/2017 10:22 PM
70	Medical condition x2	4/22/2017 10:12 PM
71	athritis	4/22/2017 10:12 PM
72	psoriatic arthritis	4/22/2017 10:03 PM
73	ms	4/22/2017 9:44 PM
74	no	4/22/2017 9:43 PM
75	No disabilities, no drugs, walk 8-10k a day. Aged 71!	4/22/2017 9:09 PM
76	no	4/22/2017 9:09 PM
77	no	4/22/2017 8:57 PM
78	I walk quite a lot, depending on the weather, but not as fast as I used to when I was younger	4/22/2017 8:30 PM
79	Use Hearing Aid Wear Glasses. Knee's can tell weather change	4/22/2017 7:57 PM
80	Unable to sit	4/22/2017 7:45 PM
81	pain in hip and lower back, arthritic hands	4/22/2017 7:31 PM
82	MS	4/22/2017 7:16 PM
83	hip pain, arthritic pain in hands, etc.	4/22/2017 7:13 PM
84	No	4/22/2017 6:55 PM
85	stenosis	4/22/2017 6:53 PM
86	None	4/22/2017 6:26 PM
87	None	4/22/2017 6:23 PM
88	arthitis in the knees	4/22/2017 6:18 PM
89	Lyme disease and osteoarthritis in my hands fingers arms and knees which is very limiting	4/22/2017 6:17 PM
90	sleep apnea	4/22/2017 5:50 PM
91	no	4/22/2017 5:47 PM
92	heart diseasedifficulty breathing if walk fast	4/22/2017 5:46 PM
93	I don't use a device to get around	4/22/2017 5:16 PM
94	I have problems with my right arm. It has been operated on twice and I am waiting for one more operation. I also have a bad back which I hope to get operated on after I recover from the operation on my arm.	4/22/2017 5:14 PM
95	no	4/22/2017 5:07 PM
96	social anxiety	4/22/2017 4:55 PM
97	I have Stentois of the spine and was operated on several years ago, but it was not successful. Not only that, but I have Planters Fas. on my one foot, a right hip and another knee replacement on the left side. I am thankful for my active mind, my life as an artist and writer. I also just completed a quilt and then play Scrabble for fun too. I do work on exercise, but I am in pain most of the time. I am on opiads, but they do no always take the pain away. I have an aging husband who is suffering from a difficult concussion and bad heart. His hearing is terrible and I find myself very frustrated trying to get him to hear me and misjudging what I am saying. Thank goodness I enjoy myself and friends, but I miss my relatives from the Pacific Northwest where I came from. Frances Luymes	4/22/2017 4:54 PM
98	Strokes affected right side so there is weakness. Nerve damage. Limp.	4/22/2017 4:40 PM
99	nil	4/22/2017 4:36 PM
100	Pancreatic cancer spread to lungs	4/22/2017 4:36 PM
101	knee ailment	4/22/2017 4:27 PM
102	age	4/22/2017 4:09 PM
103	No	4/22/2017 4:07 PM

104	no	4/22/2017 3:56 PM
105	Spinal stenosis, Knee replacement/not full recovery, arthritis everywhere	4/22/2017 3:42 PM
106	Living in pain. Can't afford the adp or Sep program. Have found barely adequate second hand needs on eBay.	4/22/2017 3:39 PM
107	none	4/22/2017 3:38 PM
108	nil that know about	4/22/2017 3:21 PM
109	no	4/22/2017 3:19 PM
110	none	4/22/2017 3:16 PM
111	No	4/22/2017 3:09 PM
112	skin cancer	4/22/2017 3:02 PM
113	No	4/22/2017 2:56 PM
114	Sore back/hip	4/22/2017 2:29 PM
115	knee injury and Heart Disease	4/22/2017 2:28 PM
116	No	4/22/2017 2:26 PM
117	None	4/22/2017 2:09 PM
118	no	4/22/2017 2:05 PM
119	No	4/22/2017 1:58 PM
120	Have. Arthritis in one knee	4/22/2017 1:58 PM
121	No	4/22/2017 1:51 PM
122	slight arthritis	4/22/2017 1:42 PM
123	HYPOTENSION	4/22/2017 1:38 PM
124	although mobility is excellent, persistent shortness of breath is a problem.	4/22/2017 1:27 PM
125	parkinson, heart	4/22/2017 1:23 PM
126	No sight in right eye because of brain tumor that harmed optic nerve since 1981	4/22/2017 1:05 PM
127	Erectile disfunction !	4/22/2017 12:56 PM
128	Severely calcified arteries throughoutstents and/or corrective treatment on the horizon. Also long-term diabetes with typical side-effects. Retinal vein occlusion in one eye under treatment.	4/22/2017 12:51 PM
129	No	4/22/2017 12:43 PM
130	Arthritis	4/22/2017 12:35 PM
131	Total knee replacement and torn tendon in hip.	4/22/2017 12:31 PM
132	Dementia	4/22/2017 12:28 PM
133	No	4/22/2017 12:23 PM
134	none	4/22/2017 12:12 PM
135	Diabetes and bowel problems	4/22/2017 12:12 PM
136	limited use of right hand and other issues due to stroke almost 30 years ago	4/22/2017 12:11 PM
137	no	4/22/2017 12:09 PM
138	irregular heart beat that causes shortness of breath so I can't walk very far mainly with the help of a walker.	4/22/2017 12:07 PM
139	Mental difficulties. Anxiety and poor sleep.	4/22/2017 12:03 PM
140	no	4/22/2017 11:58 AM
141	no	4/22/2017 11:58 AM
142	Rheumatoid & psteoarthritis	4/22/2017 11:56 AM

143	Prostate Cancer radiation treatment causing burns of bowel and bladder. Defective heart valve replacement requiring further surgery for replacement, marked shortness of breath with any exertion	4/22/2017 11:51 AM
144	No	4/22/2017 11:41 AM
145	no	4/22/2017 11:39 AM
146	osteoarthritis in knees, back, not full range of motion in arms, sleep apnea	4/22/2017 11:30 AM
147	Shoulder tendinitis. Affects my shoulders, arms and hands and limits my ability to do some things.	4/22/2017 11:18 AM
148	I am short	4/22/2017 11:14 AM
149	No.	4/22/2017 11:13 AM
150	Early stages of osteo-arthritis.	4/22/2017 11:13 AM
151	none	4/22/2017 11:08 AM
152	incontinence	4/22/2017 11:08 AM
153	Due to a condition called Transverse Myelitis that paralyzed me waist to toes 14 yrs ago I suffer from nerve pain damage waist to toes also stiffness and partial paralysis as well. I use a walker all the time. I now have developed arthritis in my strong knee which is causing more disability.	4/22/2017 11:07 AM
154	no other disabilities	4/22/2017 10:59 AM
155	Cannot stand for longer than fifteen minutes. Unable to stand in line ups and not enough seats provided in public places. Cannot shop in big box stores.	4/22/2017 10:59 AM
156	Shake	4/22/2017 10:46 AM
157	no	4/22/2017 10:44 AM
158	no	4/22/2017 10:32 AM
159	no	4/22/2017 10:28 AM
160	No	4/22/2017 10:16 AM
161	по	4/22/2017 10:15 AM
162	Diabetes and starting of arthritis	4/22/2017 10:12 AM
163	diabet	4/22/2017 10:05 AM
164	no	4/22/2017 9:52 AM
165	Arthritis	4/22/2017 9:52 AM
166	no disability	4/22/2017 9:51 AM
167	No	4/22/2017 9:43 AM
168	Sleep apnea Type 2 diabetes	4/22/2017 9:35 AM
169	copd	4/22/2017 9:33 AM
170	llegally blind	4/22/2017 9:25 AM
171	severe vertigo/dizziness	4/22/2017 9:14 AM
172	Vocal chords disintegrating-voice changing etc.	4/22/2017 9:09 AM
173	No	4/22/2017 9:07 AM
174	no	4/22/2017 9:02 AM
175	COPD limits my mobility for walking.	4/22/2017 8:52 AM
176	Osteoarthritis. Sometimes walking around is more difficult than other times.	4/22/2017 8:51 AM
177	I've had three back surgeries, the pain in my back and down my legs can be unbearable nothing more can be done for me with regard to more surgery. I live on pain pills that don't really help, this type of pain wears me down.	4/22/2017 8:42 AM
178	Diabetes and rheumatoid arthritis.	4/22/2017 8:37 AM
179	PMR	4/22/2017 8:30 AM

180	Asthma	4/22/2017 8:25 AM
181	No	4/22/2017 8:24 AM
182	Migraines, spinal stenosis,	4/22/2017 8:07 AM
183	Heart disease but I am only slightly limited by it	4/22/2017 7:56 AM
184	No	4/22/2017 7:50 AM
185	No	4/22/2017 7:47 AM
186	No	4/22/2017 7:45 AM
187	arthrosis, out of breath	4/22/2017 7:40 AM
188	Tinnitus, which when added to hearing loss imposes a significant mental strain.	4/22/2017 7:35 AM
189	osteoarthritis	4/22/2017 7:33 AM
190	No	4/22/2017 7:16 AM
191	aches and pains that move around the body day to day	4/22/2017 7:10 AM
192	no	4/22/2017 6:52 AM
193	asthma	4/22/2017 6:44 AM
194	High blood pressure and high cholesterol	4/22/2017 6:41 AM
195	anxiety, pain, fear/anxiety?,depression	4/22/2017 6:40 AM
196	Osteoarthritis	4/22/2017 6:19 AM
197	no	4/22/2017 6:14 AM
198	no	4/22/2017 6:11 AM
199	arthritis and lupus	4/22/2017 6:10 AM
200	arthritis in lower back causes pain in calves and limits walking	4/22/2017 6:09 AM
201	n0	4/22/2017 5:39 AM
202	I had an eye accident five years ago. June 2016 I had to have my eye removed. After a three month healing period I then received a prosthetic eye the end of September 2016.	4/22/2017 3:46 AM
203	PHN	4/22/2017 3:39 AM
204	No	4/22/2017 2:49 AM
205	Nil	4/22/2017 2:30 AM
206	no	4/22/2017 2:06 AM
207	Sciatica	4/22/2017 2:04 AM
208	no	4/22/2017 1:55 AM
209	I have one knee that needs replacing but my Dr. advised me to defer surgery until I am no longer able to walk. I can still walk, just not as fast or as far as previously.	4/22/2017 1:43 AM
210	Knee problems	4/22/2017 1:27 AM
211	No but I am getting knee replacement surgery in May.	4/22/2017 1:22 AM
212	COPD with oxygen if needed	4/22/2017 1:18 AM
213	obese	4/22/2017 1:03 AM
214	no	4/22/2017 12:49 AM
215	No	4/22/2017 12:39 AM
216	no	4/22/2017 12:22 AM
217	No	4/22/2017 12:15 AM

219	chronic back pain of spinal stenosis	4/22/2017 12:11 AM
220	no	4/22/2017 12:10 AM
221	inflammation of the femoral nerve	4/21/2017 11:59 PM
222	Diabetes	4/21/2017 11:53 PM
223	No other disabilities.	4/21/2017 11:40 PM
224	No	4/21/2017 11:36 PM
225	Chronic pain due to fibro myalgia	4/21/2017 11:36 PM
226	Poor breathing	4/21/2017 11:32 PM
227	I have 2 knee replacements, hips are next!	4/21/2017 11:31 PM
228	Dropped foot	4/21/2017 11:30 PM
229	Heart failure leading to limited exercise tolerance. Complete healing loss in one ear. Vision problems led to loss of driving licence last year	4/21/2017 11:26 PM
230	no	4/21/2017 11:21 PM
231	no	4/21/2017 11:19 PM
232	No	4/21/2017 11:17 PM
233	none that I can think of right now	4/21/2017 11:16 PM
234	I will be having a knee surgery this Tuesday, April 25th. Half knee, Oxfordthis method was developped in Oxford, England and Dr. Rathburn, a Toronto surgeon brought it into Canada from England. That is what I have been told. Prior to a year ago, I was doing fine but now not so well. I have had problems with my left knee since March 2016	4/21/2017 11:14 PM
235	memory not to sharp anymore	4/21/2017 11:05 PM
236	I walk with a limp Polio as an infant.	4/21/2017 10:44 PM
237	Not yet but I have hip pain which is getting worse and may result in my needing assistance to walk	4/21/2017 10:43 PM
238	I have had MS for about 12 years. I had a mild stroke 3 years ago. I had some damage to my back 2 years ago, several bulging disks and some nerve damage.	4/21/2017 10:43 PM
239	None.	4/21/2017 10:40 PM
240	Sciatic condition	4/21/2017 10:32 PM
241	No	4/21/2017 10:32 PM
242	No	4/21/2017 10:31 PM
243	Asperger's Syndrome, PTSD, Sleep Disorder and an inability to eat at a table with meat on it.	4/21/2017 10:26 PM
244	No	4/21/2017 10:16 PM
245	Arthritis	4/21/2017 10:13 PM
246	Hearing loss, dementia	4/21/2017 10:10 PM
247	N/A	4/21/2017 9:57 PM
248	Diabetes and arthritis.	4/21/2017 9:54 PM
249	none	4/21/2017 9:54 PM
250	Osteoarthritis	4/21/2017 9:51 PM
251	shoulder rotator cuff injury	4/21/2017 9:50 PM
252	Arthritis	4/21/2017 9:46 PM
253	No	4/21/2017 9:43 PM
254	Memory lapses; some joint pain from previous surgeries.	4/21/2017 9:38 PM
255	Osteoporosis, fibromyalgia and balance "surprises".	4/21/2017 9:33 PM
256	I have fibromylgia ,it robs me of energy,leaves me in chronic pain &foggy thinking at times.	4/21/2017 9:29 PM

257	No	4/21/2017 9:24 PM
258	COPD, Asthma but presently under perfect control thru an excellent medical team.	4/21/2017 9:23 PM
259	Severe arthritis Hip replaced,awaiting shoulder replacement	4/21/2017 9:22 PM
260	Heart condition	4/21/2017 9:17 PM
261	No disabilities other than I'm not able to swallow (G tube)	4/21/2017 9:17 PM
262	none	4/21/2017 9:13 PM
263	I'm prone to depression.	4/21/2017 9:12 PM
264	respiratory problems and heart problems. Fractures in my spine - compression fractures.	4/21/2017 9:12 PM
265	No	4/21/2017 9:11 PM
266	NO	4/21/2017 9:08 PM
267	Heart problem Variant Angina that we (my cardiologist and I) have not been able to get under control. One knee severely impacted by arthritis.	4/21/2017 8:59 PM
268	COPD- so far not limiting my activities.	4/21/2017 8:57 PM
269	has multiple joint osteoarthritis	4/21/2017 8:53 PM
270	No other physical disabilities at this time.	4/21/2017 8:53 PM
271	NO	4/21/2017 8:52 PM
272	No	4/21/2017 8:49 PM
273	Arthritis and fibromyalgia	4/21/2017 8:48 PM
274	No	4/21/2017 8:46 PM
275	Easily fatigued; have had MS for more than 30 years.	4/21/2017 8:46 PM
276	I recently recieved a cochlear implant	4/21/2017 8:46 PM
277	no	4/21/2017 8:44 PM
278	None	4/21/2017 8:42 PM
279	None	4/21/2017 8:42 PM
280	Sore hands and shoulders	4/21/2017 8:40 PM
281	Extreme Spinal Stenosis and advanced Osteoarthritis	4/21/2017 8:38 PM
282	COPD	4/21/2017 8:29 PM
283	Diabetes Type 2	4/21/2017 8:28 PM
284	SPINAL STENOSIS	4/21/2017 8:28 PM
285	No	4/21/2017 8:24 PM
286	I am a diabetic on insulin, just had lung surgery from cancer	4/21/2017 8:23 PM
287	no	4/21/2017 8:21 PM
288	no	4/21/2017 8:18 PM
289	Arthritis in Spine	4/21/2017 8:18 PM
290	(stroke 12 months ago (resultant limp) More recently(2 months ago) quad bypass surgery still rehab,,,ing Should be back on track except for the limp by mid summer.	4/21/2017 8:18 PM
291	No	4/21/2017 8:17 PM
292	anxiety and depression	4/21/2017 8:17 PM
293	ANXIETY ATTACKS OR PANIC ATTACKS	4/21/2017 8:16 PM
294	no	4/21/2017 8:14 PM
295	Some loss of balance from a concussion just over 2 years ago. Also suffer from CAD.	4/21/2017 8:13 PM

	• •	
296	no	4/21/2017 8:06 PM
297	Good days and bad days with some arthritis	4/21/2017 8:06 PM
298	no	4/21/2017 8:05 PM
299	I have been blessed with good health and have been involved in a fitness program since I was 16 years old.	4/21/2017 8:03 PM
300	No	4/21/2017 7:59 PM
301	No	4/21/2017 7:59 PM
302	No	4/21/2017 7:58 PM
303	no	4/21/2017 7:56 PM
304	COPD Emphysema	4/21/2017 7:55 PM
305	arthritis knee replacement deterioration in hips	4/21/2017 7:53 PM
306	no	4/21/2017 7:51 PM
307	2 knee replacements	4/21/2017 7:50 PM
308	scar tissue on both knees after replacements painful	4/21/2017 7:50 PM
309	No	4/21/2017 7:48 PM
310	No	4/21/2017 7:47 PM
311	asthma bad foot, resulting from a broken ankle three years ago	4/21/2017 7:46 PM
312	Arthritis of knee - for walks and shopping I wear a knee brace. Tinnitus - helping somewhat by hearing aid.	4/21/2017 7:46 PM
313	chronic pain in lower left leg	4/21/2017 7:41 PM
314	very sensitive hearing. Can not be around other people.	4/21/2017 7:41 PM
315	none	4/21/2017 7:40 PM
316	No	4/21/2017 7:36 PM
317	Arthritis and vertigo	4/21/2017 7:36 PM
318	No	4/21/2017 7:34 PM
319	No	4/21/2017 7:34 PM
320	no	4/21/2017 7:33 PM
321	sleep apnea, cataracts (currently under removal) wonky knee (still undiagnosed)	4/21/2017 7:32 PM
322	No	4/21/2017 7:30 PM
323	None - very healthy person	4/21/2017 7:28 PM
324	bone cancer caused by prostrate	4/21/2017 7:26 PM
325	COPD	4/21/2017 7:25 PM
326	no	4/21/2017 7:25 PM
327	no	4/21/2017 7:24 PM
328	Continuing pain after knee replacementsurgery was in October 20166 month post op check surgeon says it ok and takes some people longer to recover. Renal failureworryingnot yet at dialysis level Post herpetic neuralgia (17 years)	4/21/2017 7:22 PM
329	Pain in legs	4/21/2017 7:21 PM
330	Two back surgeries have left me in constant pain.	4/21/2017 7:21 PM
331	None	4/21/2017 7:20 PM
332	I struggle with arthritis and the challenges that brings, like many others. chronic pain and reduced mobility can make daily life difficult	4/21/2017 7:18 PM
333	copd oxygen tank	4/21/2017 7:15 PM
334	allergies	4/21/2017 7:13 PM

	· · · ·	
335	NONE	4/21/2017 7:11 PM
336	diabetes	4/21/2017 7:11 PM
337	No	4/21/2017 7:10 PM
338	no	4/21/2017 7:07 PM
339	None	4/21/2017 7:07 PM
340	No disabilities	4/21/2017 7:07 PM
341	Fibromyalgia, Chronic Fatigue, Brain Injury (with Stroke, Seizures), Broken off Tailbone still inside body causing huge pain.	4/21/2017 7:05 PM
342	NO	4/21/2017 7:02 PM
343	No	4/21/2017 7:01 PM
344	No	4/21/2017 7:00 PM
345	celiac disease, not a disability but very isolating socially	4/21/2017 6:59 PM
346	No disabilities.	4/21/2017 6:59 PM
347	heart problems after a massive heart attack some years ago.	4/21/2017 6:56 PM
348	No disabilities	4/21/2017 6:55 PM
349	Just had a knee replacement so am recuperating. Had a hip replacement five years ago !!!!	4/21/2017 6:55 PM
350	Inner ear damage and foot pain from the use of Benzodiazepines has left me immobile.	4/21/2017 6:55 PM
351	celiac - gluten free, osteoporosis	4/21/2017 6:55 PM
352	No	4/21/2017 6:54 PM
353	Bipolar disorder	4/21/2017 6:53 PM
354	congestive heart failure, arthritis	4/21/2017 6:53 PM
355	I have no disabilities.	4/21/2017 6:53 PM
356	On the waiting list for knee surgery. Been waiting, waiting, waiting. My life is passing me by and I'm a cripple with a cure uggggg Julie	4/21/2017 6:49 PM
357	No	4/21/2017 6:47 PM
358	worsening arthritis in back and hips osteoporosis	4/21/2017 6:47 PM
359	diabetes, arthritis	4/21/2017 6:47 PM
360	None	4/21/2017 6:46 PM
361	I do not have disabilitiesthis survey is decidedly slanted and designed to give predetermined resultsI do not wish to complete this surveysince when is the assumption that all seniors have hearing and vision issues valid?	4/21/2017 6:45 PM
362	поре	4/21/2017 6:43 PM
363	No	4/21/2017 6:43 PM
364	no	4/21/2017 6:42 PM
365	Parkinsons Disease	4/21/2017 6:39 PM
366	No	4/21/2017 6:39 PM
367	No	4/21/2017 6:38 PM
368	no	4/21/2017 6:37 PM
369	Total hip replacement	4/21/2017 6:37 PM
370	no	4/21/2017 6:37 PM
371	Lung cancer	4/21/2017 6:37 PM
372	I have had knee replacement and blood clot so am mending slowly	4/21/2017 6:36 PM
373	No	4/21/2017 6:35 PM
		1

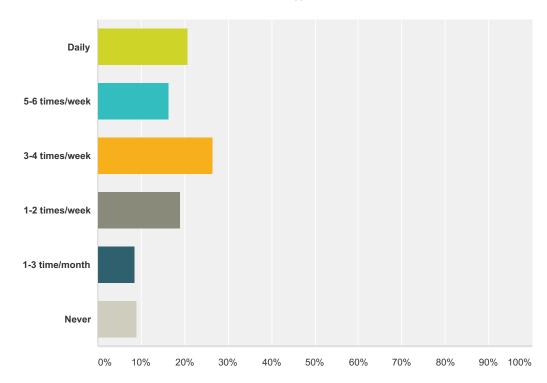
374	I am lucky & grateful that in comparison to most of the people i know who are my age i am very healthy.	4/21/2017 6:35 PM
375	No.	4/21/2017 6:34 PM
376	no	4/21/2017 6:32 PM
377	None at the moment.	4/21/2017 6:31 PM
378	No	4/21/2017 6:28 PM
379	Bad Arthritis	4/21/2017 6:28 PM
380	No I am very lucky, no real health problems	4/21/2017 6:28 PM
381	Arthritis, Asthma	4/21/2017 6:26 PM
382	No	4/21/2017 6:24 PM
383	no	4/21/2017 6:24 PM
384	Osteoarthritis	4/21/2017 6:22 PM
385	Just recovering 8 weeks from Heart Valve Replacement . No driving for 6 weeks. Relied on others to take me shopping and in the first weeks they actually shopped for me. I have ADHD diag. 2 years ago	4/21/2017 6:22 PM
386	Type II diabetes	4/21/2017 6:21 PM
387	None.	4/21/2017 6:21 PM
388	no	4/21/2017 6:18 PM
389	Heart condition	4/21/2017 6:18 PM
390	Just a weak knee from having injured it many years ago.	4/21/2017 6:15 PM
391	n/a	4/21/2017 6:15 PM
392	no	4/21/2017 6:14 PM
393	occasional vertigo	4/21/2017 6:13 PM
394	Rheumatoid and Osteoarthritis, torn meniscus in left knee.	4/21/2017 6:13 PM
395	no	4/21/2017 6:13 PM
396	I am recovering from 2 hip replacements so not 100% yet. Going along with this is a depression because of the long wait for the surgery and the pain that I had to endure did a job on me mentally.	4/21/2017 6:13 PM
397	overweight and out of shape	4/21/2017 6:12 PM
398	(1) I am completely blind in my left eye. (2) I was in a car accident, driven by a friend, and my mobility has worsened since then	4/21/2017 6:12 PM
399	No	4/21/2017 6:11 PM
400	No	4/21/2017 6:11 PM
401	At present time, I have no disabilities that I am aware of.	4/21/2017 6:11 PM
402	No dusability	4/21/2017 6:10 PM
403	Peripheral neuropathy in my feet.	4/21/2017 6:08 PM
404	no	4/21/2017 6:08 PM
405	no	4/21/2017 6:07 PM
406	Chronic pudendal nerve pain.	4/21/2017 6:07 PM
407	None	4/21/2017 6:06 PM
408	I have problems with my balance and stability due to medications I take.	4/21/2017 6:06 PM
409	No, other than some osteoarthritis in back, knees.	4/21/2017 6:06 PM
410	No	4/21/2017 6:05 PM

411	What do you mean by disability? Health problems that must be lived and are part of life? Something 'medically' labeled? I have many health problems but see myself as 'healthy'. Do they interfere with ADL, getting on with living? Yes but that is my life.	4/21/2017 6:05 PM
412	I have breast cancer since 2009! I have neuopathy.since having extended chemotherapy!	4/21/2017 6:04 PM
413	None at present	4/21/2017 6:03 PM
414	No	4/21/2017 6:03 PM
415	No.	4/21/2017 6:03 PM
416	No	4/21/2017 6:02 PM
417	None	4/21/2017 5:58 PM
418	osteoarthritis	4/21/2017 5:58 PM
419	None at this time	4/21/2017 5:57 PM
420	FIBROMYALGIA, DIABETES	4/21/2017 5:56 PM
421	Sciatica and arthritis	4/21/2017 5:56 PM
422	no Previous question I have no disabilities, does not give option	4/21/2017 5:56 PM
423	poor erectile function.	4/21/2017 5:56 PM
424	no	4/21/2017 5:55 PM
425	Rheumatoid arthritis	4/21/2017 5:54 PM
426	spinal stenosis	4/21/2017 5:54 PM
427	no	4/21/2017 5:53 PM
428	A. Fib.	4/21/2017 5:53 PM
429	No	4/21/2017 5:50 PM
430	Severe osteoarthritis.	4/21/2017 5:50 PM
431	Degenerative disk disease, arthritis of neck and back plus, recurring bursitis	4/21/2017 5:50 PM
432	no no	4/21/2017 5:48 PM
433	None	4/21/2017 5:48 PM
434	Depression	4/21/2017 5:48 PM
435	Asthmatic and some arthritis although the asthma is the biggest problem. People can't see this disability so assume you are just fine. If only they knew nothing is possible if you can't breath well	4/21/2017 5:46 PM
436	none	4/21/2017 5:45 PM
437	Congestive heart failure	4/21/2017 5:45 PM
438	n0	4/21/2017 5:45 PM
439	Arthritic knee	4/21/2017 5:44 PM
440	COPD	4/21/2017 5:43 PM
441	None	4/21/2017 5:43 PM
442	no	4/21/2017 5:43 PM
443	injured shoulder	4/21/2017 5:43 PM
444	Copd	4/21/2017 5:43 PM
445	I had an impressive operation on my back about 9 years ago. They did a marvellous job & took our 9 discs. Fusing them together limits my mobility, but I'm not in pain. But my muscles are not as strong as they were prior to the operation and, of course, not as strong as in past years. But, strength seems adequate.	4/21/2017 5:43 PM
446	None, very lucky and work hard excerising and walking.	4/21/2017 5:42 PM
447	Two artificial knees	4/21/2017 5:42 PM

448	no	4/21/2017 5:41 PM
449	Hit by drunk driver and crippled	4/21/2017 5:40 PM
450	major spinal problem which affects my legs (poor mobility)	4/21/2017 5:40 PM
451	No	4/21/2017 5:40 PM
452	COPD & Sleep Apnea	4/21/2017 5:40 PM
453	No disabilities	4/21/2017 5:39 PM
454	None.	4/21/2017 5:39 PM
455	no	4/21/2017 5:38 PM
456	no	4/21/2017 5:38 PM
457	No	4/21/2017 5:37 PM
458	No	4/21/2017 5:37 PM
459	Arthritis	4/21/2017 5:37 PM
460	Asthma triggered by smoke, perfume, renovation products. Anaphylactic to peanuts. Other food allergies.	4/21/2017 5:37 PM
461	Congestive heart failure. AFIB. Polymyalgia rheumatica or PMR Neuropathy periferal only	4/21/2017 5:37 PM
462	I do not understand why hearing aids are so very expensive. The aid itself cannot hold more than a few dollars worth of material; including the technology behind it. It is such a rip-off. I cannot afford the vast amount of money the operators are asking. I was given a quote of \$4000.00 about 5 years ago. Can not the Gov't help us with the purchase? I am sitting here going deafer by the moment - disappointed to say the least!	4/21/2017 5:36 PM
463	Bad back	4/21/2017 5:35 PM
464	No	4/21/2017 5:35 PM
465	No	4/21/2017 5:35 PM
466	No	4/21/2017 5:35 PM
467	ARTHRITISmainly in my hands; I often have to ask for help opening jars, etc.: as well, I have to use 'full-serve' gas stations as I find taking the gas cap off my own vehicle impossible.	4/21/2017 5:35 PM
468	COPD restricts breathing & movement	4/21/2017 5:34 PM
469	None	4/21/2017 5:33 PM
470	I only have 3 teeth	4/21/2017 5:33 PM
471	Crohns disease so I need to be able to access washrooms in a hurry!	4/21/2017 5:33 PM
472	no	4/21/2017 5:32 PM
473	Beginning arthritis in fingers and toes, but nothing that prevents me from being fully mobile.	4/21/2017 5:31 PM
474	None	4/21/2017 5:30 PM
475	no	4/21/2017 5:30 PM
476	no	4/21/2017 5:29 PM
477	dystonia, diabetes	4/21/2017 5:29 PM
478	monocular deaf in one ear osteoporosis	4/21/2017 5:28 PM
479	None	4/21/2017 5:28 PM
480	No	4/21/2017 5:27 PM
481	no	4/21/2017 5:27 PM
482	polio	4/21/2017 5:26 PM
483	I have scoliosis, which bothers me at times.	4/21/2017 5:24 PM

Q7 How frequently do you get exercise that lasts for at least 20 minutes? This exercise could include anything that is as strenuous as walking at a moderate pace.

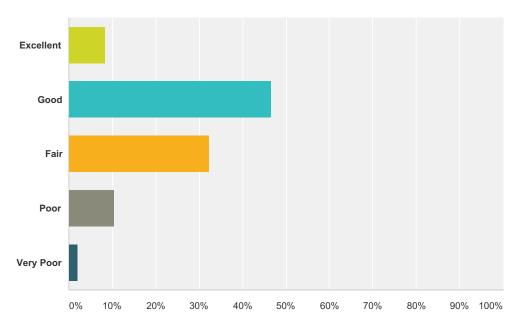




Answer Choices	Responses
Daily	20.74% 231
5-6 times/week	16.34% 182
3-4 times/week	26.48% 295
1-2 times/week	18.94% 211
1-3 time/month	8.53% 95
Never	8.98% 100
Total	1,114

Q8 How would you rate your physical fitness?

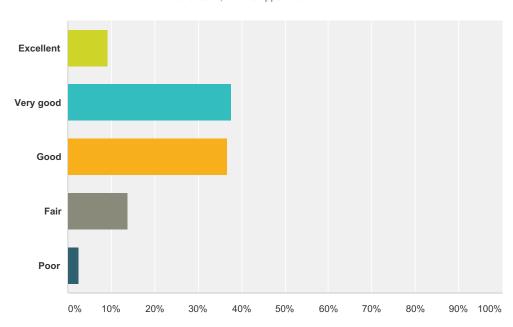
Answered: 1,115 Skipped: 13



Answer Choices	Responses	
Excellent	8.43%	94
Good	46.55%	519
Fair	32.38%	361
Poor	10.49%	117
Very Poor	2.15%	24
Total		1,115

Q9 In general, would you say your health is:

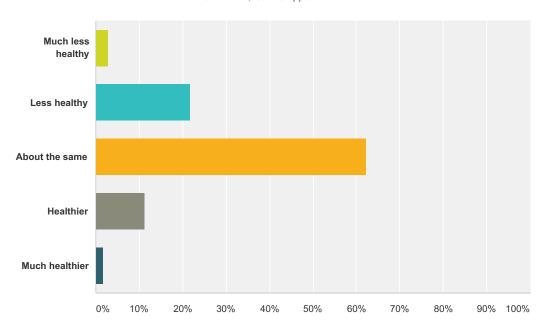
Answered: 1,110 Skipped: 18



Answer Choices	Responses	
Excellent	9.19%	102
Very good	37.66%	418
Good	36.85%	409
Fair	13.78%	153
Poor	2.52%	28
Total		1,110

Q10 Compared to a year ago I am:

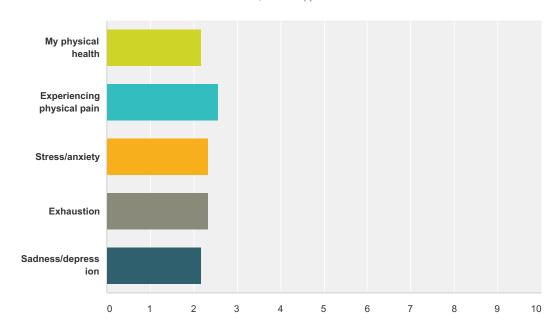
Answered: 1,108 Skipped: 20



Answer Choices	Responses	
Much less healthy	2.98%	33
Less healthy	21.66%	240
About the same	62.27%	690
Healthier	11.37%	126
Much healthier	1.71%	19
Total		1,108

Q11 During the past 4 weeks, how often has each of the following interfered with your normal activities. (Please consider any work, chores, or leisure that you would usually take part in.)

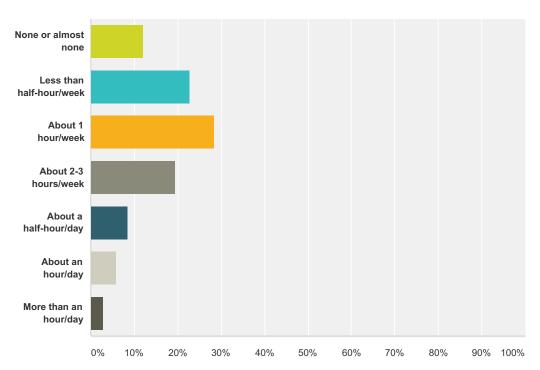
Answered: 1,110 Skipped: 18



	Not at all	Rarely	Occasionally	Often	Very often	Total	Weighted Average
My physical health	40.15%	20.81%	24.95%	9.85%	4.24%		
	436	226	271	107	46	1,086	2.17
Experiencing physical pain	25.50%	23.32%	28.42%	15.39%	7.38%		
	280	256	312	169	81	1,098	2.56
Stress/anxiety	31.18%	25.71%	25.52%	13.22%	4.38%		
	342	282	280	145	48	1,097	2.34
Exhaustion	29.84%	27.00%	26.63%	12.21%	4.32%		
	325	294	290	133	47	1,089	2.34
Sadness/depression	38.50%	23.91%	23.08%	10.04%	4.47%		
	422	262	253	110	49	1,096	2.18

Q12 About how much time do you spend talking to friends or family on the phone?

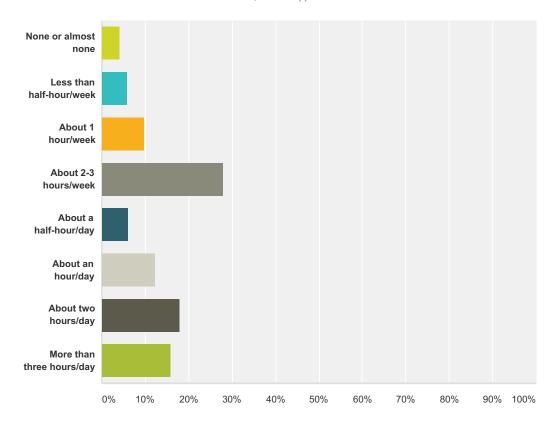
Answered: 1,095 Skipped: 33



nswer Choices	Responses	Responses		
None or almost none	12.15%	133		
Less than half-hour/week	22.83%	250		
About 1 hour/week	28.31%	310		
About 2-3 hours/week	19.36%	212		
About a half-hour/day	8.58%	94		
About an hour/day	5.94%	65		
More than an hour/day	2.83%	31		
otal		1,095		

Q13 About how much time do you spend meeting with friends or family in person? This can include time spent with a spouse or anyone else you might live with, but please only include time spent socializing (e.g., do not include time spent watching television in the same room, doing chores in the same room, etc.).

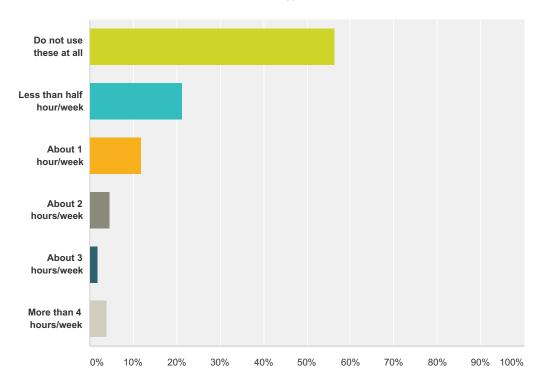




Answer Choices	Responses	
None or almost none	4.22%	46
Less than half-hour/week	5.87%	64
About 1 hour/week	9.90%	108
About 2-3 hours/week	28.05%	306
About a half-hour/day	5.96%	65
About an hour/day	12.37%	135
About two hours/day	17.87%	195
More than three hours/day	15.77%	172
Total		1,091

Q14 Approximately how many hours/week do you spend videoconferencing with family/friends (e.g. on Skype, Apple's Facetime, Facebook Messenger's video chat, etc.)?

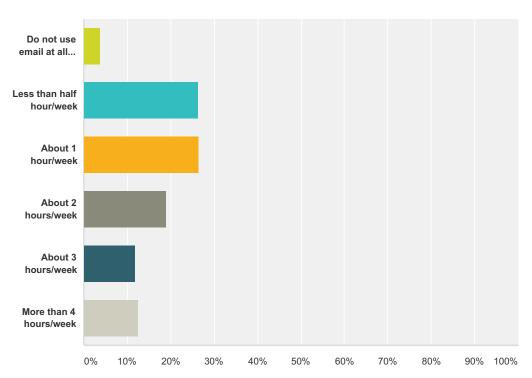
Answered: 1,093 Skipped: 35



Answer Choices	Responses
Do not use these at all	56.36% 616
Less than half hour/week	21.32% 233
About 1 hour/week	11.89% 130
About 2 hours/week	4.67% 51
About 3 hours/week	1.83% 20
More than 4 hours/week	3.93% 43
Total	1,093

Q15 How much time do you spend exchanging emails with family or friends.

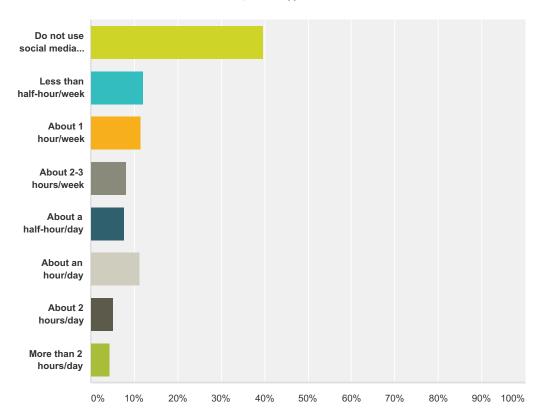
Answered: 1,089 Skipped: 39



Answer Choices	Responses	
Do not use email at all with friends/family	3.76%	41
Less than half hour/week	26.26%	286
About 1 hour/week	26.45%	288
About 2 hours/week	19.10%	208
About 3 hours/week	11.85%	129
More than 4 hours/week	12.58%	137
Total		1,089

Q16 About how much time do you spend on social media (e.g., Facebook, Twitter, Instagram, etc.).

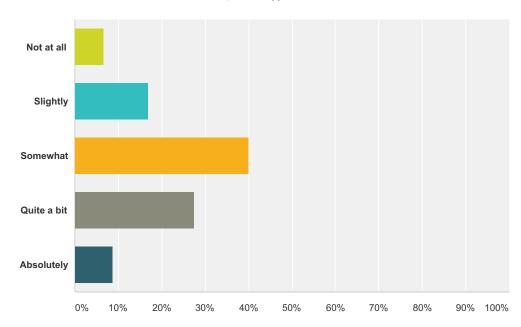
Answered: 1,093 Skipped: 35



Answer Choices	Responses	
Do not use social media at all	39.62%	433
Less than half-hour/week	12.08%	132
About 1 hour/week	11.53%	126
About 2-3 hours/week	8.14%	89
About a half-hour/day	7.69%	84
About an hour/day	11.34%	124
About 2 hours/day	5.31%	58
More than 2 hours/day	4.30%	47
Total		1,093

Q17 Do you consider yourself "tech savvy" with regards to computers and smartphones?

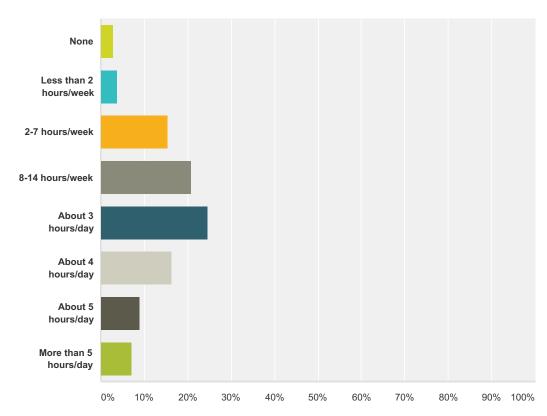
Answered: 1,085 Skipped: 43



Answer Choices	Responses	
Not at all	6.64%	72
Slightly	16.87%	183
Somewhat	40.00%	434
Quite a bit	27.65%	300
Absolutely	8.85%	96
Total		1,085

Q18 How much time do you spend watching television? Please include any time you spend watching movies at home.

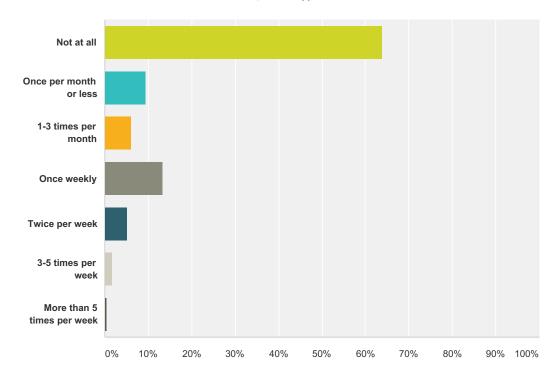
Answered: 1,093 Skipped: 35



answer Choices	Responses	
None	2.93%	32
Less than 2 hours/week	3.84%	42
2-7 hours/week	15.37%	168
8-14 hours/week	20.95%	229
About 3 hours/day	24.61%	269
About 4 hours/day	16.29%	178
About 5 hours/day	8.87%	97
More than 5 hours/day	7.14%	78
otal		1,093

Q19 Do you regularly attend religious services and/or events related to your religious community?

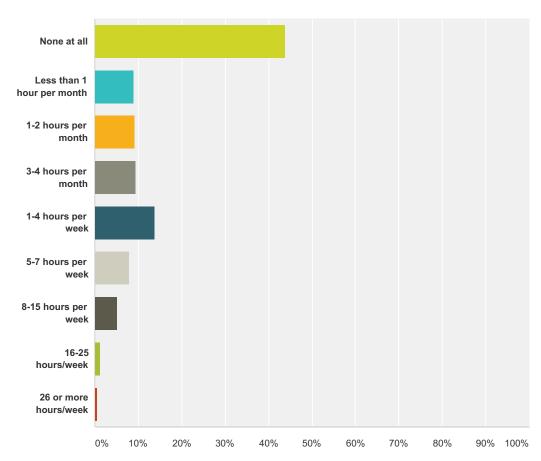
Answered: 1,090 Skipped: 38



Answer Choices	Responses	
Not at all	63.94%	697
Once per month or less	9.36%	102
1-3 times per month	6.06%	66
Once weekly	13.30%	145
Twice per week	5.23%	57
3-5 times per week	1.74%	19
More than 5 times per week	0.37%	4
Total		1,090

Q20 How much time do you spend doing volunteer work?

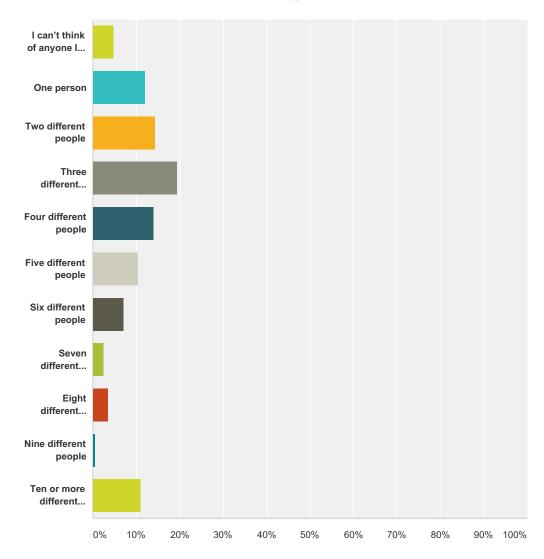
Answered: 1,094 Skipped: 34



Answer Choices	Responses	
None at all	43.88%	480
Less than 1 hour per month	9.05%	99
1-2 hours per month	9.14%	100
3-4 hours per month	9.32%	102
1-4 hours per week	13.80%	151
5-7 hours per week	7.86%	86
8-15 hours per week	5.21%	57
16-25 hours/week	1.19%	13
26 or more hours/week	0.55%	6
Total		1,094

Q21 From time to time, many people discuss things that are important to them with others. For example, these may include good or bad things that happen to you, problems you are having, or important concerns you may have. Looking back over the last 12 months, how many different people have you discussed important things with?



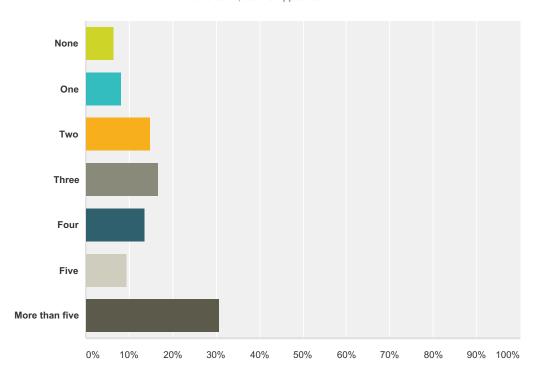


Answer Choices		Responses	
I can't think of anyone I discussed important things about myself with during the last 12 months	4.85%	53	
One person	12.17%	133	
Two different people	14.36%	157	

Three different people	19.40%	212
Four different people	14.00%	153
Five different people	10.52%	115
Six different people	7.14%	78
Seven different people	2.56%	28
Eight different people	3.48%	38
Nine different people	0.55%	6
Ten or more different people	10.98%	120
al		1,093

Q22 How many good friends do you have?

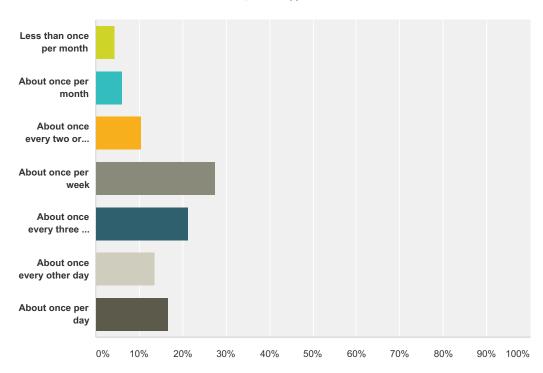
Answered: 1,093 Skipped: 35



Answer Choices	Responses	
None	6.40%	70
One	8.23%	90
Two	14.91%	163
Three	16.74%	183
Four	13.63%	149
Five	9.33%	102
More than five	30.74%	336
Total		1,093

Q23 In the last question you told us that you have one or more good friends. How often do you talk to at least one of those friends?

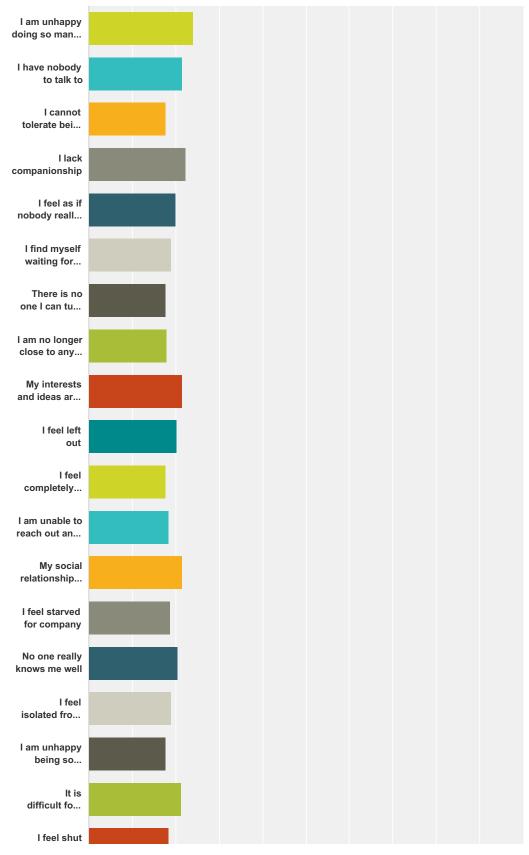
Answered: 1,014 Skipped: 114

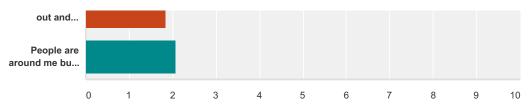


Answer Choices	Responses	
Less than once per month	4.34%	44
About once per month	6.11%	62
About once every two or three weeks	10.45%	106
About once per week	27.51%	279
About once every three or four days	21.20%	215
About once every other day	13.61%	138
About once per day	16.77%	170
Total		1,014

Q24 Indicate how often each of the statements below is descriptive of you.

Answered: 1,073 Skipped: 55

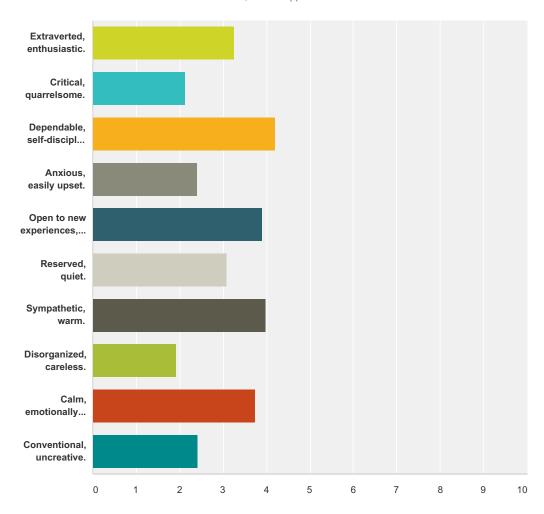




	Never	Rarely	Sometimes	Often	Very often	Total	Weighted Average
I am unhappy doing so many things alone	24.25% 260	31.72% 340	28.64% 307	10.54% 113	4.85% 52	1,072	2.40
I have nobody to talk to	36.59% 390	30.68% 327	18.11% 193	9.66% 103	4.97% 53	1,066	2.10
I cannot tolerate being so alone	49.62% 527	30.32% 322	14.97% 159	4.05% 43	1.04%	1,062	1.77
I lack companionship	36.77% 392	25.23% 269	21.58% 230	11.07% 118	5.35% 57	1,066	2.2
I feel as if nobody really understands me	41.28% 438	29.97% 318	19.42% 206	5.56% 59	3.77% 40	1,061	2.0
I find myself waiting for people to call or write	42.78% 456	33.49% 357	17.07% 182	4.78% 51	1.88% 20	1,066	1.8
There is no one I can turn to	58.10% 613	20.76% 219	10.52% 111	6.73% 71	3.89% 41	1,055	1.7
I am no longer close to anyone	57.90% 612	19.11% 202	12.30% 130	6.81% 72	3.88% 41	1,057	1.8
My interests and ideas are not shared by those around me	36.07% 382	29.27% 310	22.19% 235	8.50% 90	3.97% 42	1,059	2.1
I feel left out	42.22% 445	28.27% 298	17.84% 188	7.59% 80	4.08% 43	1,054	2.0
I feel completely alone	56.77% 595	21.76% 228	12.02% 126	6.30% 66	3.15% 33	1,048	1.7
I am unable to reach out and communicate with those around me	53.26% 564	23.42% 248	14.54% 154	5.10% 54	3.68% 39	1,059	1.8
My social relationships are superficial	37.28% 394	27.53% 291	21.76% 230	8.51% 90	4.92% 52	1,057	2.
I feel starved for company	50.05% 529	25.07% 265	15.52% 164	6.34% 67	3.03% 32	1,057	1.8
No one really knows me well	42.43% 443	27.68% 289	16.95% 177	8.24% 86	4.69% 49	1,044	2.0
I feel isolated from others	49.86% 523	24.02% 252	15.54% 163	6.48% 68	4.10% 43	1,049	1.9
I am unhappy being so withdrawn	57.86% 607	20.50% 215	11.73% 123	6.48% 68	3.43% 36	1,049	1.
It is difficult for me to make friends	39.75% 417	26.50% 278	20.69% 217	8.29% 87	4.77% 50	1,049	2.
I feel shut out and excluded by others	50.24% 530	27.11% 286	14.31%	5.50% 58	2.84% 30	1,055	1.:
People are around me but not with me	39.92% 420	29.37% 309	19.39% 204	6.65% 70	4.66% 49	1,052	2.0

Q25 Here are a number of personality traits that may or may not apply to you. Please use the scale below to indicate the extent to which you agree or disagree with that statement. You should rate the extent to which the pair of traits applies to you, even if one characteristic applies more strongly than the other. I see myself as:



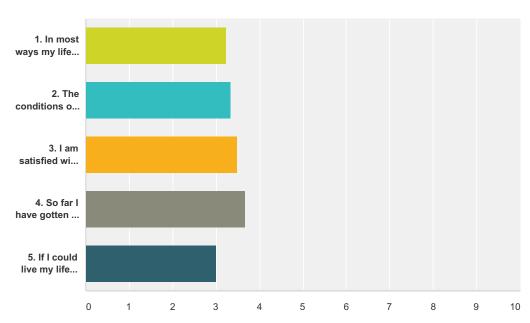


	Disagree strongly	Disagree	Neither agree nor disagree	Agree	Agree strongly	Total	Weighted Average
Extraverted, enthusiastic.	4.97%	18.62%	31.42%	36.49%	8.50%		
	52	195	329	382	89	1,047	3.25
Critical, quarrelsome.	27.42%	41.94%	22.01%	8.25%	0.38%		
	289	442	232	87	4	1,054	2.12
Dependable, self-disciplined.	0.76%	2.09%	6.94%	58.17%	32.03%		
	8	22	73	612	337	1,052	4.19

Anxious, easily upset.	20.09%	38.67%	23.70%	15.07%	2.46%		
	212	408	250	159	26	1,055	2.4
Open to new experiences,	0.67%	5.14%	19.31%	52.71%	22.17%		
complex.	7	54	203	554	233	1,051	3.
Reserved, quiet.	7.41%	22.91%	31.37%	30.89%	7.41%		
	78	241	330	325	78	1,052	3.
Sympathetic, warm.	0.76%	2.86%	15.36%	58.40%	22.61%		
	8	30	161	612	237	1,048	3.
Disorganized, careless.	38.92%	38.92%	15.13%	5.61%	1.43%		
	409	409	159	59	15	1,051	1.
Calm, emotionally stable.	1.42%	6.53%	23.96%	52.56%	15.53%		
	15	69	253	555	164	1,056	3.
Conventional, uncreative.	17.68%	37.26%	31.37%	12.17%	1.52%		
	186	392	330	128	16	1,052	2

Q26 Below are five statements with which you may agree or disagree. Using the scale below, indicate your agreement with each item.

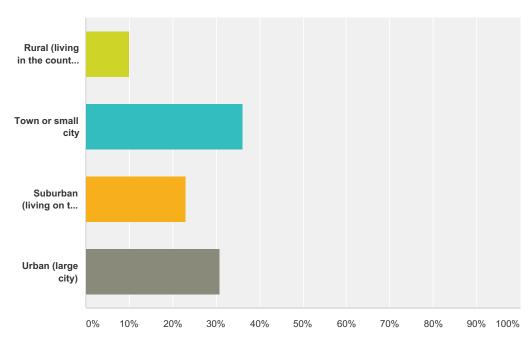




	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree	Total	Weighted Average
1. In most ways my life is close to my ideal.	5.91% 62	20.11% 211	26.12% 274	40.23% 422	7.63% 80	1,049	3.24
2. The conditions of my life are excellent.	4.58% 48	18.49% 194	27.26% 286	38.04% 399	11.63% 122	1,049	3.34
3. I am satisfied with my life	3.72% 39	15.44% 162	21.54% 226	46.33% 486	12.96% 136	1,049	3.49
4. So far I have gotten the important things I want in life.	2.48% 26	10.69% 112	19.18% 201	52.67% 552	14.98% 157	1,048	3.67
5. If I could live my life over, I would change almost nothing.	9.34% 98	28.12% 295	24.21% 254	30.22% 317	8.10% 85	1,049	3.00

Q27 How would you describe the area directly around your primary residence?

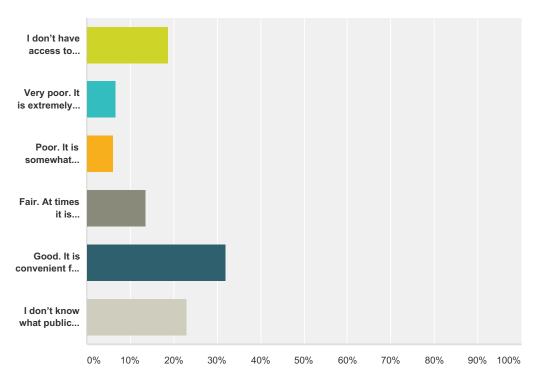
Answered: 1,046 Skipped: 82



Answer Choices	Responses	
Rural (living in the country or on a farm)	10.04%	105
Town or small city	36.04%	377
Suburban (living on the outside of a larger city)	23.04%	241
Urban (large city)	30.88%	323
Total		1,046

Q28 How would you rate the public transit that you have access to?

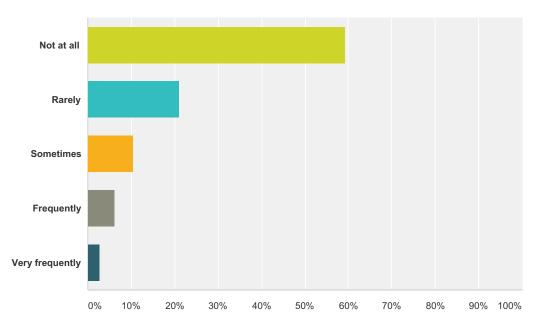
Answered: 1,039 Skipped: 89



nswer Choices	Respons	ses
I don't have access to public transit.	18.77%	195
Very poor. It is extremely inconvenient for me to access and/or it takes a very long time to get to the parts of my community I want to go to.	6.64%	69
Poor. It is somewhat inconvenient for me to access and/or it takes a long time to get to the parts of my community I want to go to.	6.06%	63
Fair. At times it is inconvenient for me to access and/or it takes a little longer than I would like to get to the parts of my community I want to go to.	13.67%	142
Good. It is convenient for me to access and it takes a reasonable amount of time to get to the parts of my community I want to go to.	31.95%	332
I don't know what public transit is like in my community.	22.91%	238
otal		1,039

Q29 How often do you use public transit in your community?

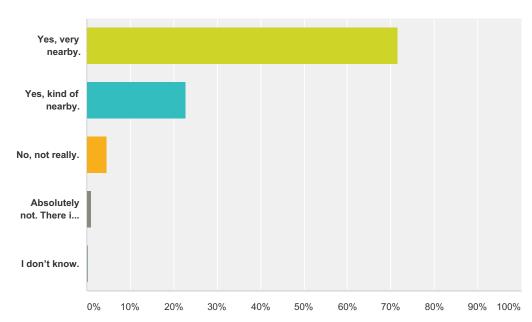
Answered: 1,048 Skipped: 80



Answer Choices	Responses	
Not at all	59.35%	622
Rarely	21.18%	222
Sometimes	10.50%	110
Frequently	6.20%	65
Very frequently	2.77%	29
Total		1,048

Q30 Near your home, do you have parks or other natural space where you can go for walks, take children to play, etc.?

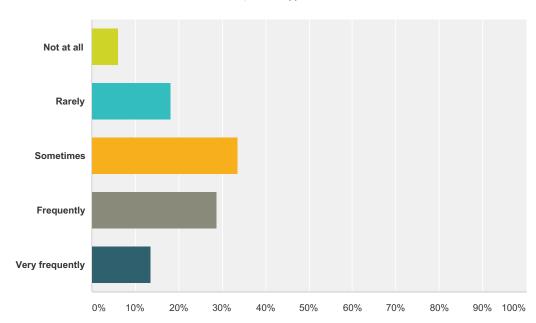




Answer Choices	Responses	
Yes, very nearby.	71.54%	749
Yes, kind of nearby.	22.73%	238
No, not really.	4.49%	47
Absolutely not. There is nothing like that anywhere near my home.	0.96%	10
I don't know.	0.29%	3
Total		1,047

Q31 When the weather is nice, how often do you spend time in the parks or other natural spaces near your house?

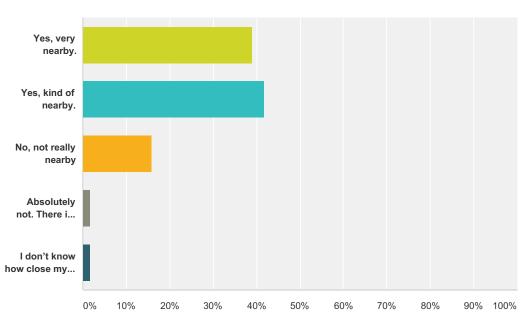
Answered: 1,044 Skipped: 84



Answer Choices	Responses	
Not at all	6.13%	64
Rarely	18.10%	189
Sometimes	33.52%	350
Frequently	28.74%	300
Very frequently	13.51%	141
Total		1,044

Q32 Do you have a library near your house?

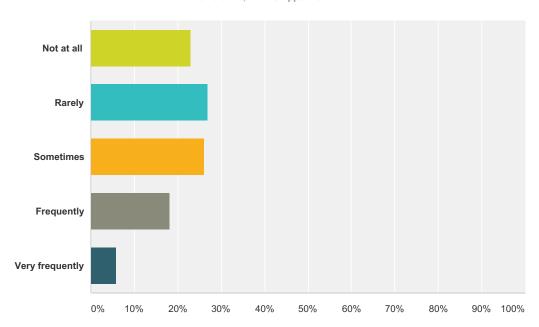




Answer Choices	Responses	
Yes, very nearby.	38.99% 4	409
Yes, kind of nearby.	41.75% 4	438
No, not really nearby	15.92% 1	167
Absolutely not. There is not a library anywhere near my home.	1.62%	17
I don't know how close my home is to the nearest library.	1.72%	18
Total	1,0	049

Q33 How often do you visit a library?

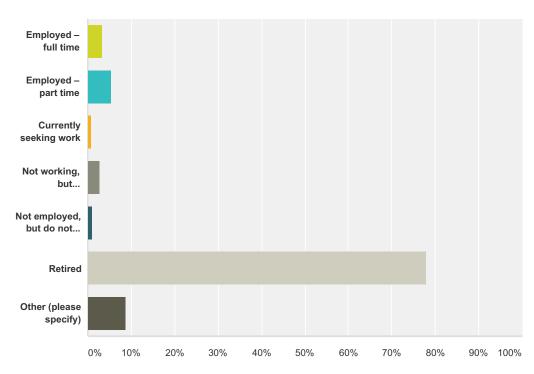
Answered: 1,046 Skipped: 82



Answer Choices	Responses	
Not at all	22.94%	240
Rarely	26.96%	282
Sometimes	26.00%	272
Frequently	18.26%	191
Very frequently	5.83%	61
Total		1,046

Q34 What is your current employment status

Answered: 1,052 Skipped: 76



swer Choices	Responses	
Employed – full time	3.42%	36
Employed – part time	5.42%	57
Currently seeking work	0.76%	8
Not working, but volunteering part- or full-time	2.76%	29
Not employed, but do not consider myself retired (e.g., providing primary care for a child)	1.05%	11
Retired	77.85%	819
Other (please specify)	8.75%	92
tal		1,052

#	Other (please specify)	Date
1	I own commercial building with tenants & holding company with stocks. These take up my time	4/24/2017 7:04 PM
2	own company	4/24/2017 5:03 PM
3	On long term disability	4/24/2017 12:39 PM
4	Self-employed	4/24/2017 12:26 PM
5	retired, but do occasional teaching in 3 French Immersion elementary schools near my home.	4/24/2017 11:55 AM
6	Mostly house-bound disabled = ODSP/CPP-DSB, CCAC client past 13+ yrs, get T.O. Public Library monthly home deliveries, can't use public transit but very politically engaged #SDoH "activist advocate": see Mary C. Kelly/@AstuteCitizen Twitter, Facebook, Linked In.	4/24/2017 12:30 AM

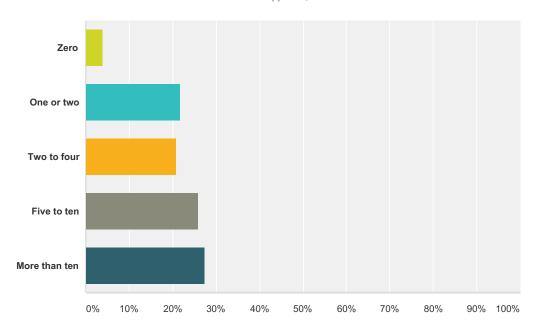
7	Always been a stay athletes wife and mothercare taking my elderly husband, 20 years older. I belong to one self help group and an art group.	4/24/2017 12:15 AM
8	retired, but overworked managing our woodlot and am writing two books simultaneously	4/23/2017 8:48 PM
9	Grandmother and Sports Fan and House Wife	4/23/2017 7:39 PM
10	I am retired from teaching but started my own business upon retirement	4/23/2017 4:09 PM
11	Retired from my career but working part-time at another job.	4/23/2017 4:03 PM
12	Retired but actively trying to turn a former hobby (photography) into a small business.	4/23/2017 3:59 PM
13	retired from my profession but work three hours a day at another	4/23/2017 3:26 PM
14	Currently selling my house so I can finally retire (I'm 73) from a very physical job as a tradesman. Looking forward to developing an idea to do with my Trade & getting to my Bucket List travel, etc.	4/23/2017 10:28 AM
15	semi-retired	4/22/2017 10:48 PM
16	disabled , recently widowed	4/22/2017 9:56 PM
17	I sit on 4 boards, grow much of my own food, rarely have 2-3 days in a row free.	4/22/2017 9:19 PM
18	Do some vopuntering. Salmpn Hatchery	4/22/2017 8:16 PM
19	because of chronic Lyme which has gotten extremely worse in the last 6 months alot of my day is bedridden so had to quit work	4/22/2017 6:44 PM
20	retired but volunteering	4/22/2017 6:38 PM
21	artist, writer, organizations, games, reader	4/22/2017 5:16 PM
22	part-time self-employed (as a researcher, writer, and lecturer)	4/22/2017 5:04 PM
23	Not working due to reoccurring strokes	4/22/2017 4:58 PM
24	not woeking due to health - disability	4/22/2017 4:31 PM
25	Retired but would like to do part time work. Not possible now as visiting my mother in LTCH 3 times a week and doing some volunteer work.	4/22/2017 3:30 PM
26	Semi-retired but also self-employed to the degree that suits me.	4/22/2017 1:02 PM
27	Employed 4 days a week (full-time)	4/22/2017 12:18 PM
28	I do a bit of contract work & do volunteer regularly	4/22/2017 12:15 PM
29	Retired and volunteering part time	4/22/2017 12:00 PM
30	5 year caregiver for my husband who has mid-stage Alzheimer's.	4/22/2017 11:25 AM
31	Retired but still working two jobs part time - pension is not sufficient.	4/22/2017 11:07 AM
32	Retired with at home hobby business	4/22/2017 10:42 AM
33	Occasionally work a few hours per week	4/22/2017 10:29 AM
34	Self employed	4/22/2017 10:04 AM
35	self employed visual art	4/22/2017 7:54 AM
36	disabled	4/22/2017 7:47 AM
37	doing volunteer work in the community	4/22/2017 5:52 AM
38	Home dog care business keeps me busy and meeting new people as well as allowing me to volunteer in senior activity centre and Pet Therapy	4/22/2017 2:37 AM
39	retired and doing a little consulting and a lot of volunteer work	4/22/2017 2:34 AM
40	Self employed	4/22/2017 2:04 AM
41	I took an early retirement. I was very unhappy at work, depressed, feeling unable to do my job, not appreciated, aggressive, kept taking time off.	4/21/2017 11:36 PM
42	retired and taking courses as often as I can both online and in specialized fields	4/21/2017 11:11 PM
43	Minimal contract work semi-retired	4/21/2017 10:39 PM

44	On pension, but still pursuing my vocation for free.	4/21/2017 10:37 PM
45	Retired but still do some occasional Engineering consulting.	4/21/2017 10:06 PM
46	disabled	4/21/2017 9:22 PM
47	self employed - own my own business	4/21/2017 9:21 PM
48	retired but do alot of volunteering	4/21/2017 9:06 PM
49	Teaching music	4/21/2017 8:52 PM
50	Retired but working part time at something to do	4/21/2017 8:34 PM
51	I was half of my life the house keeper	4/21/2017 8:27 PM
52	Working relief/casual on a weekly basis. Retired.	4/21/2017 8:10 PM
53	On assignment regularly, journalistic work	4/21/2017 7:56 PM
54	Self-Employed	4/21/2017 7:54 PM
55	disabled - unable to work for last 20 years, now of retirement age (65)	4/21/2017 7:53 PM
56	I am officially retired but continue with writing and research, and meeting with colleagues	4/21/2017 7:41 PM
57	Own my company - work when I choose to.	4/21/2017 7:36 PM
58	Part time contract work	4/21/2017 7:33 PM
59	Retired, working part time.	4/21/2017 7:32 PM
60	Long term disability	4/21/2017 7:28 PM
61	Self-employed with my Education speaking and activities	4/21/2017 7:25 PM
62	Work part time and volunteer	4/21/2017 7:21 PM
63	Provincial Disability - Disabled and trying to use my Abilities from home but no money for website, marketing	4/21/2017 7:12 PM
64	Writer, but have published only one collection of short stories.	4/21/2017 7:10 PM
65	self employed artist /author	4/21/2017 7:03 PM
66	on disability	4/21/2017 6:54 PM
67	Retired, but heavily involved in volunteer activities related to my work experiences.	4/21/2017 6:49 PM
68	I am retired, but do volunteer work in our local library	4/21/2017 6:44 PM
69	I am a retired teacher collecting my pension but I work on a contract basis with my school board.	4/21/2017 6:37 PM
70	volunteer work and dog sitting	4/21/2017 6:35 PM
71	Retired but volunteering several days per week,	4/21/2017 6:32 PM
72	Early retirement to advocate for mother in Ontario nursing home. Lost her last year.	4/21/2017 6:22 PM
73	Off work sick on depression leave(living in french community without many english friends)	4/21/2017 6:20 PM
74	more than one part time job adding to about full time	4/21/2017 6:20 PM
75	retired and went right back to work PT	4/21/2017 6:18 PM
76	Homemaker	4/21/2017 6:14 PM
77	Unable to work due to disability	4/21/2017 6:09 PM
78	widowed and living as retired	4/21/2017 6:06 PM
79	semi-retired	4/21/2017 6:05 PM
30	Self employed - retired to flex time	4/21/2017 6:04 PM
 81	I have part time employment when I want to do it.	4/21/2017 5:59 PM
82	selr-employed	4/21/2017 5:58 PM
83	Retired; volunteering part-time; exercising; enthusiastic about sportsfrom the armchair!	4/21/2017 5:57 PM
84	Many regular activitieschoir, art, walking and cultural, educational groups	4/21/2017 5:51 PM

85	On full time disability unable to work	4/21/2017 5:49 PM
86	full time Manager of my Business	4/21/2017 5:46 PM
87	self employed with an Internet business, work at least 10 hrs a day, every day	4/21/2017 5:42 PM
88	And volunteering	4/21/2017 5:39 PM
89	Retired, but work 3-4 hrs per week as well as volunteering	4/21/2017 5:38 PM
90	disability	4/21/2017 5:38 PM
91	Very busy with many interests	4/21/2017 5:37 PM
92	self employed-teaching music and Chruch Music Director	4/21/2017 5:34 PM

Q35 You said that you are currently employed or volunteering. Please answer the following question. During your employment or volunteer work, how many people do you work closely with, in person, in a typical week?

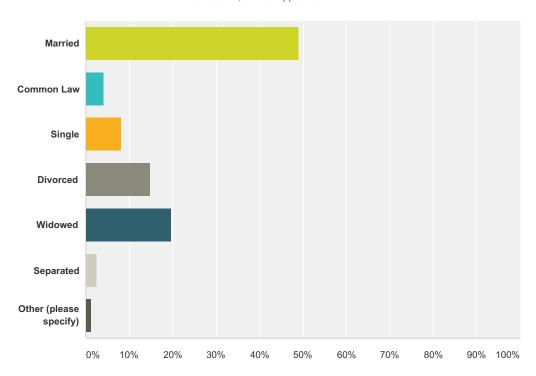
Answered: 124 Skipped: 1,004



Answer Choices	Responses
Zero	4.03% 5
One or two	21.77% 27
Two to four	20.97% 26
Five to ten	25.81% 32
More than ten	27.42% 34
Total	124

Q36 What is your marital status

Answered: 1,046 Skipped: 82



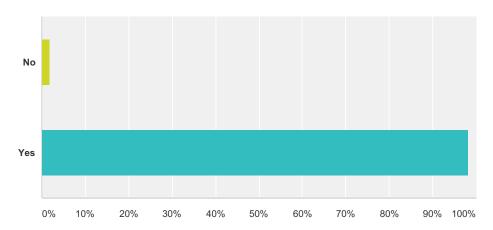
Answer Choices	Responses	
Married	49.14%	514
Common Law	4.21%	44
Single	8.13%	85
Divorced	14.91%	156
Widowed	19.69%	206
Separated	2.58%	27
Other (please specify)	1.34%	14
Total		1,046

#	Other (please specify)	Date
1	In relationship. Not co-habiting	4/24/2017 7:15 AM
2	Divorced but separated since 1975 & "officially" divorced 1983 = essentially single, prior to becoming disabled had very active social life, including "special relationships", however my radical change (involuntary) of lifestyle 17 years ago when became progressively disabled, house-bound and impoveri\$hed (as no longer able to work) essentially nixed most aspects of what was a very full, engaged, enriched life/daily existence	4/24/2017 12:36 AM
3	Over 33 years	4/22/2017 4:01 AM
4	married, but "partner in care" - my wife has advanced dementia, so I am still technically married but have no emotional, intimate or social support from a spouse. I'm in a similar position to being single, divorced, widowed or separated, but not free to form a new relationship, hence isolated.	4/22/2017 2:41 AM

5	I am gay. I have a partner whom I really resent at times and so does he towards me, we often fight. I would like to join a group for meditation but he is not very encouraging and do not like to drive at night. I suppose I am using any excuses	4/21/2017 11:39 PM
6	Widower	4/21/2017 11:07 PM
7	Have a partener	4/21/2017 11:07 PM
8	not sure. Partner left me. We filed to split assets (same sex partnership prior to marriage law. Now live together again	4/21/2017 9:24 PM
9	I am divorced but have a 'friend' whom I see frequently and who stays with me on weekends.	4/21/2017 6:15 PM
10	spouse has had dementia for 15 yrs.has been in a care facility for 5 yrs.	4/21/2017 6:14 PM
11	In a relationship not living together	4/21/2017 6:13 PM
12	Same sex partner	4/21/2017 5:47 PM
13	Divorced, then widowed	4/21/2017 5:38 PM
14	Disability	4/21/2017 5:38 PM

Q37 In the previous question, you told us that you have a spouse (i.e., are either married or have a common-law partner). We would like to ask you a few questions about that person.Do you live with your spouse?

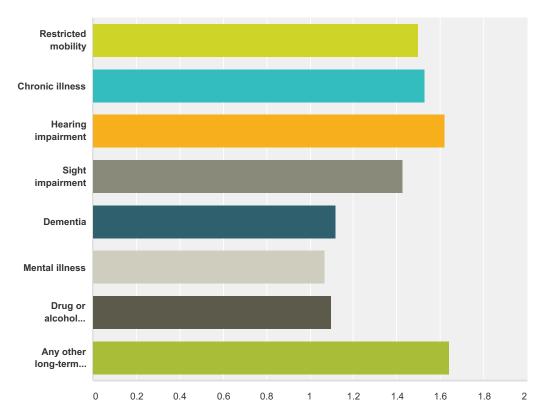




Answer Choices	Responses	
No	1.80%	10
Yes	98.20%	546
Total		556

Q38 Does your spouse have any of the following conditions:

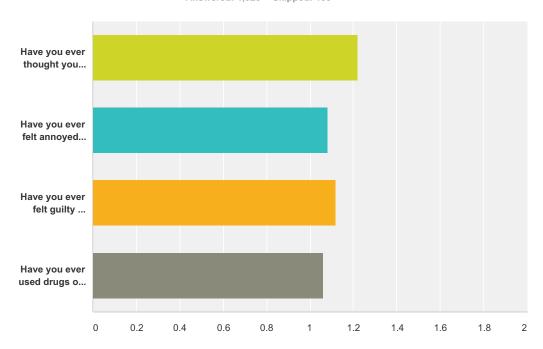
Answered: 561 Skipped: 567



	Not at all	Mild	Moderate	Severe	Total	Weighted Average
Restricted mobility	67.70%	18.15%	11.07%	3.09%		
	373	100	61	17	551	1.5
Chronic illness	65.87%	18.17%	12.84%	3.12%		
	359	99	70	17	545	1.5
Hearing impairment	56.24%	28.21%	12.84%	2.71%		
	311	156	71	15	553	1.6
Sight impairment	63.50%	31.02%	4.38%	1.09%		
	348	170	24	6	548	1.4
Dementia	91.83%	5.44%	1.27%	1.45%		
	506	30	7	8	551	1.
Mental illness	94.31%	4.22%	1.47%	0.00%		
	514	23	8	0	545	1.0
Drug or alcohol addiction	93.19%	4.42%	1.84%	0.55%		
	506	24	10	3	543	1.
Any other long-term health condition	59.20%	21.86%	15.12%	3.83%		
	325	120	83	21	549	1.

Q39 The following are questions about your alcohol or drug use. Please be as honest as possible. The questions refer to both alcohol and drug use. Please respond with regards to whichever you use the most, including alcohol, prescription pain killers, or other drugs.

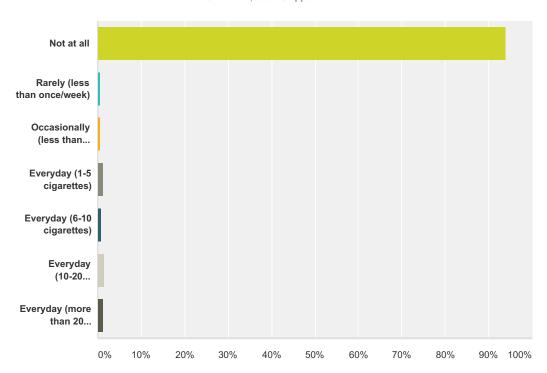




	No	Yes	Total	Weighted Average
Have you ever thought you should cut down your alcohol or drug use?	78.26% 792	21.74% 220	1,012	1.22
Have you ever felt annoyed when people have commented on your use?	91.69% 916	8.31% 83	999	1.08
Have you ever felt guilty or badly about your use?	87.55% 886	12.45% 126	1,012	1.12
Have you ever used drugs or alcohol to ease withdrawal symptoms, or to avoid feeling low after using?	94.09% 956	5.91% 60	1,016	1.06

Q40 Do you smoke cigarettes?

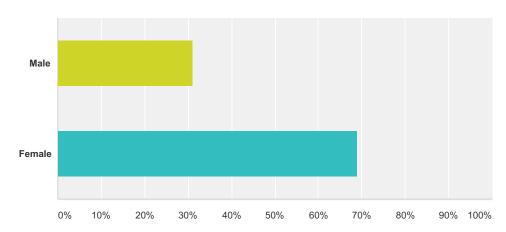
Answered: 1,038 Skipped: 90



Answer Choices	Responses	
Not at all	94.03%	976
Rarely (less than once/week)	0.67%	7
Occasionally (less than one/day)	0.67%	7
Everyday (1-5 cigarettes)	1.16%	12
Everyday (6-10 cigarettes)	0.87%	9
Everyday (10-20 cigarettes)	1.45%	15
Everyday (more than 20 cigarettes)	1.16%	12
Total		1,038

Q41 Are you male or female

Answered: 1,027 Skipped: 101



Answer Choices	Responses	
Male	31.16%	320
Female	68.84%	707
Total		1,027

Q42 What year were you born? Please enter all four digits; for example 1949.

Answered: 1,023 Skipped: 105

#	Responses	Date
1	1953	4/25/2017 8:21 AM
2	1944	4/25/2017 6:53 AM
3	1943	4/25/2017 6:50 AM
4	1952	4/25/2017 12:22 AM
5	1949	4/25/2017 12:21 AM
6	1939	4/24/2017 11:21 PM
7	1936	4/24/2017 9:41 PM
8	1951	4/24/2017 8:29 PM
9	1946	4/24/2017 8:02 PM
10	1949	4/24/2017 8:01 PM
11	1938	4/24/2017 7:46 PM
12	1942	4/24/2017 7:33 PM
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15	1933	4/24/2017 7:10 PM
16	1941	4/24/2017 7:08 PM
17	1943	4/24/2017 6:46 PM
18	1943	4/24/2017 6:37 PM
19	1934	4/24/2017 6:05 PM
20	1940	4/24/2017 5:35 PM
21	1947	4/24/2017 5:18 PM
22	1948	4/24/2017 5:04 PM
23	1951	4/24/2017 4:38 PM
24	1944	4/24/2017 4:04 PM
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31	1951	4/24/2017 2:29 PM
32	1940	4/24/2017 1:51 PM
33	1952	4/24/2017 1:50 PM
34	1951	4/24/2017 1:37 PM
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39	1935	4/24/2017 12:11 PM
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168 1938	4/22/2017 8:16 PM
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169 1940	4/22/2017 8:01 PM
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171 1946	4/22/2017 7:49 PM
172 1942	4/22/2017 7:47 PM
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314	1936	4/22/2017 10:40 AM
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325	1938	4/22/2017 10:10 AM
326	1953	4/22/2017 10:06 AM
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400	1936	4/22/2017 7:19 AM
401	1947	4/22/2017 7:08 AM
402	1950	4/22/2017 7:02 AM

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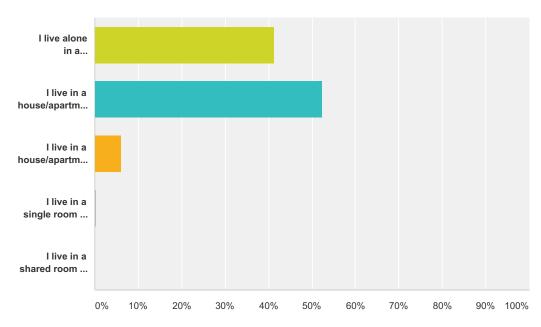
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1022	1933	4/21/2017 5:36 PM
1023	1955	4/21/2017 5:32 PM

Q43 Please tell us about your living situation.

Answered: 1,012 Skipped: 116



Answer Choices		
I live alone in a house/apartment	41.30%	418
I live in a house/apartment with one other person	52.37%	530
I live in a house/apartment with two or more people	6.03%	61
I live in a single room in a group home	0.20%	2
I live in a shared room in a group home	0.10%	1
Total		1,012

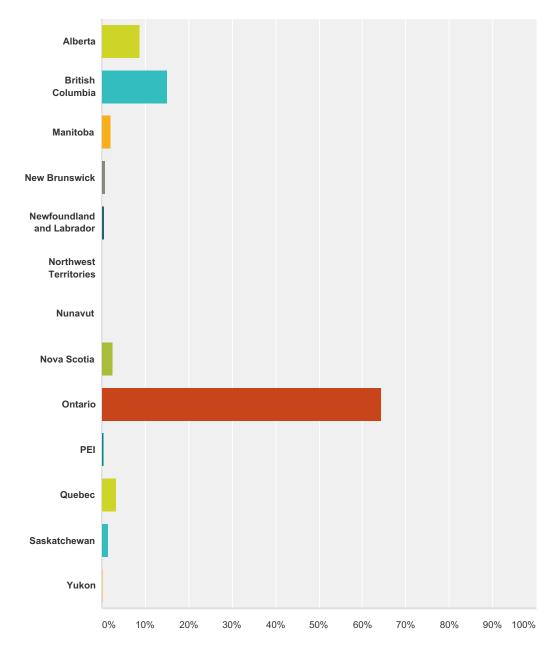
#	Other (please specify)	Date
1	Since 2004 (almost uninterrupted, tho' hours cut-back re program budget cuts & NOT "needs-basis"), have been a "subsidized" CCAC PCSW home care client & have also had MSN subsidized taxi transportation for medical/health appointments thru' CCAC or ODSP	4/24/2017 12:43 AM
2	condo with husband	4/23/2017 10:48 PM
3	one person and two cats	4/23/2017 8:54 PM
4	own home , living with wife for 57 years	4/23/2017 7:20 PM
5	I have 2 cats, pets are a very important part of my life.	4/23/2017 4:11 PM
6	Assisted Living (Finlandia Village)	4/23/2017 1:30 PM
7	Retirement home	4/23/2017 12:25 AM
8	have 2 cats, do not forget pet companionship	4/22/2017 9:58 PM
9	Town House	4/22/2017 8:21 PM
10	Retirement home	4/22/2017 8:16 PM
11	I live at home; my wife is in a long term care facility.	4/22/2017 8:16 PM

12	I LIVE IN A 2 BEDROOM, 2 BATHROOM, CONDO	4/22/2017 5:14 PM
13	Husband and daughter	4/22/2017 4:53 PM
14	Live in a retirement home meals supplied	4/22/2017 3:41 PM
15	Live in a spacious house with a view of ocean and mountains	4/22/2017 2:51 PM
16	I live alone in a Townhome.	4/22/2017 2:48 PM
17	We live on. A seniors retirement home	4/22/2017 2:37 PM
18	I live alone in a condo	4/22/2017 11:34 AM
19	I have a dog (which is at the end of his life).	4/22/2017 11:25 AM
20	I own and live in a townhouse condo.	4/22/2017 11:05 AM
21	Apartment in a retirement residence with one other	4/22/2017 9:55 AM
22	my husband and I live in a townhouse	4/22/2017 1:29 AM
23	Live in my own bungalow	4/22/2017 12:57 AM
24	We both live together in a big house that is my partner and I	4/21/2017 11:44 PM
25	I live in a house with a tenant in the basement suite	4/21/2017 11:41 PM
26	other family members live in the same house	4/21/2017 10:41 PM
27	TOWNHOUSE	4/21/2017 10:19 PM
28	I live alone except when a partner spends approx. 10 days per month with me	4/21/2017 9:54 PM
29	I live on a farm with my male partner	4/21/2017 9:38 PM
30	Assistive Living complex for seniors	4/21/2017 9:35 PM
31	I own my house	4/21/2017 9:07 PM
32	live in an RV	4/21/2017 8:47 PM
33	Large granny flat in Daughter and Son in Law's house in the winter. Summers in our trailer on the Bruce Peninsula	4/21/2017 8:37 PM
34	Govt. sponsored senior apartments	4/21/2017 8:35 PM
35	Senior retirement home	4/21/2017 8:03 PM
36	In house with my wife	4/21/2017 7:54 PM
37	I live in a Long Term Care Residence	4/21/2017 7:44 PM
38	have own home	4/21/2017 7:40 PM
39	Condo with outdoor deck on ground level.	4/21/2017 7:13 PM
40	I live in a manufactured home park. I am part of a residents committee. One previous question asked about drug and alcohol use assuming that I use one or the other. I don't	4/21/2017 6:57 PM
41	Actually I live in a large !000,000 square foot 2 bedroom mobile home. within a park on the lake.	4/21/2017 6:51 PM
42	My daughter and son-in-law live close by	4/21/2017 6:48 PM
43	Duplex my sister in the bottom	4/21/2017 6:37 PM
44	alone in house with dult son who sleeps here	4/21/2017 6:29 PM
45	I live in a home with my daughter and her family and she is my care-giver	4/21/2017 6:28 PM
46	Mobile with spouse	4/21/2017 6:21 PM
47	I have a life partner who lives with me about half of the time	4/21/2017 5:59 PM
48	I live in a mother in law suite in my daughter's and her husband's house.	4/21/2017 5:52 PM
49	Daughter. spouse and child moved in with us 3 years ago.	4/21/2017 5:51 PM
50	I live with my daughter, her husband and their 2 preschoolers.	4/21/2017 5:44 PM
 51	I live in a suite in a retirement home	4/21/2017 5:41 PM

52	also have 2 dogs	4/21/2017 5:39 PM
53	Happily and I don't drink.	4/21/2017 5:36 PM

Q44 Please select the province or territory that you live in.

Answered: 1,040 Skipped: 88

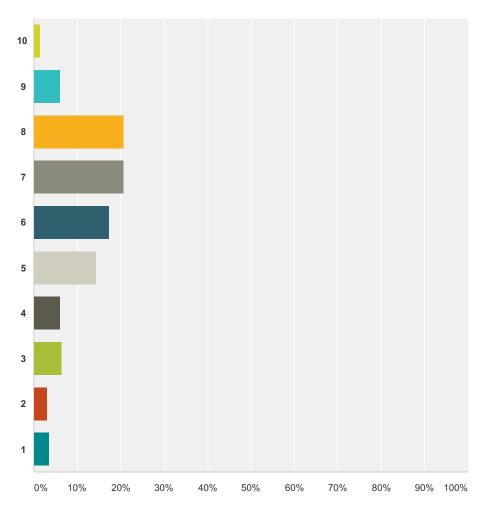


swer Choices	Responses	Responses	
Alberta	8.85%	92	
British Columbia	15.10%	157	
Manitoba	2.02%	21	
New Brunswick	0.87%	9	
Newfoundland and Labrador	0.67%	7	

Northwest Territories	0.00%	0
Nunavut	0.10%	1
Nova Scotia	2.60%	27
Ontario	64.33%	669
PEI	0.48%	5
Quebec	3.37%	35
Saskatchewan	1.44%	15
Yukon	0.19%	2
al		1,040

Q45 Think of this ladder as representing where people stand in their communities. People define community in many different ways. Please define it in whatever way is most meaningful to you. At the top of the ladder (labeled 10) are the people who have the highest standing in their community. At the bottom (labeled 1) are the people who have the lowest standing in their community. Where would you place yourself on this ladder?



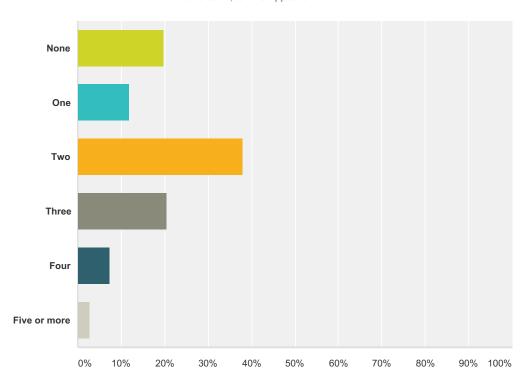


Answer Choices	Responses	
10	1.56%	16
9	6.16%	63
8	20.72%	212

7	20.63%	211
6	17.30%	177
5	14.47%	148
4	5.96%	61
3	6.45%	66
2	3.13%	32
1	3.62%	37
Total		1,023

Q46 How many children do you have?

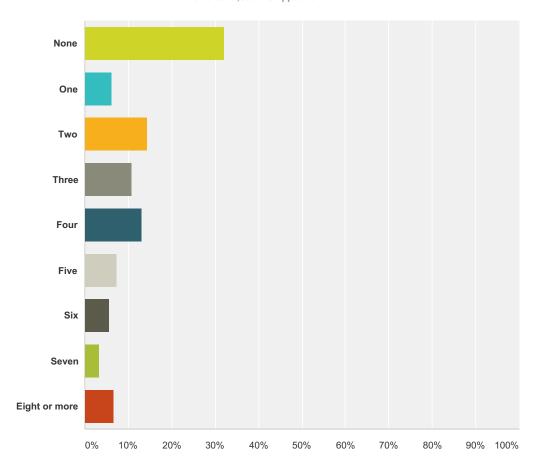
Answered: 1,031 Skipped: 97



Answer Choices	Responses	
None	19.79%	204
One	11.83%	122
Two	37.92%	391
Three	20.37%	210
Four	7.27%	75
Five or more	2.81%	29
Total		1,031

Q47 How many grandchildren do you have?

Answered: 1,036 Skipped: 92



Answer Choices	Responses	
None	32.24%	334
One	6.18%	64
Two	14.48%	150
Three	10.81%	112
Four	13.22%	137
Five	7.34%	76
Six	5.60%	58
Seven	3.38%	35
Eight or more	6.76%	70
Total		1,036

Q48 Please Provide Any Additional FeedbackThis is the second last page in the survey. In the past, members have emailed us with their feedback on the survey. We always appreciate your feedback, so we added this one last question at the end of the survey to make it as easy as possible for you to send us your feedback.Please use the space below to provide us with any additional information which you think may be helpful for us or important for us to know as we continue to advocate for our membership. That could include feedback about the design of the survey, as well as any other, more detailed thoughts you have about the issues raised in this survey. Please note, however, that since your contact information is not associated with your particular survey responses, it is not possible for us to respond directly to any questions you enter in the space below. Therefore, if you hope to get a response back from us, it is still best to contact us by email.

Answered: 292 Skipped: 836

#	Responses	Date
1	I WOULD LIKE SOMEONE TO GIVE MORE LIVING INCOME TO SENIORS WHO LIKE MYSELF, STILL HAVE TO WORK AT 68 + TO HAVE CHOICES AND A COMFORTABLE LIFE.	4/25/2017 12:23 AM
2	good surveykeep it up	4/24/2017 7:47 PM
3	I am afraid of the level of certified care givers and their availability.	4/24/2017 7:35 PM
4	The survey is quite thorough, and cannot delve into all the types of issues that are faced on a constant basis.	4/24/2017 7:18 PM
5	as I age, I have many good friends who have passed on, and find I still miss them very much, they were a very intricate part of my life.	4/24/2017 6:08 PM
6	An interesting survey with thought provoking questions on ones lifestyle.	4/24/2017 1:32 PM
7	Questions about talking to friends/family are related to phone calls or email or in person: I use texting daily with friends or family and I feel this should be reflected.	4/24/2017 12:43 PM
8	My grandson (22) lives with me. He has his own business but cannot afford rent and a vehicle which he needs for his business. It is a prefect arrangement for us. He does all the heavy lifting and do all the cooking. I think it could be the solution for alot of older people with grandchildren who can't really afford to be out on their own or are just starting out.	4/24/2017 12:32 PM
9	The survey is too general Are you advocating for people over 80?	4/24/2017 12:13 PM
10	My husband I pick up our grandchildren from school 3 days a week. We enjoy the contact.	4/24/2017 10:53 AM

11	You need non- binary gender options. Also on the drug/alcohol question, need space for "previous drinker" or "previous smoker".	4/24/2017 7:19 AM
12	Very good.	4/24/2017 6:47 AM
13	Am hoping the sometimes lengthy additional comments I already provided were "captured" in their entirety, so I will just reprise my contact cords here: Mary C. Kelly/@AstuteCitizen (Twitter) & slight variation of same for Facebook, Linked In) feel free check out my disabled #SDoH et al "activist advocate" profiles/activities there & my e-coords: lcmkcs@hotmail.com Thanks! MCK.	4/24/2017 12:48 AM
14	On the question about the usage of alcohol, the way it was worded made it sound like I had the problem nowwhen actually I overcame my over use of alcohol 7 years ago.	4/24/2017 12:22 AM
15	The survey was easy to understand and provide sufficient choices for the questions. Well done.	4/24/2017 12:09 AM
16	I am 77 years old and only take one 81mg aspirin and a few vitamins. I am in very good health and exercise daily and feel quite well. For this I feel very fortunate.	4/23/2017 11:59 PM
17	I have lived with post polio since age 13 but I have university and have good work experience and feel life is what you make of it. Being with people and having a faith helps. I find that doing volunteer work helps a lot I have a wide range of interest which I do on my own and with others. Listening is important.	4/23/2017 10:32 PM
18	It would have been nice to have a progress bar.	4/23/2017 9:45 PM
19	Due to complications from hip surgery I am left with a permanent disability which has definitely impacted my ability to walk. This along with the Polymyalgia and fibromyalgia has caused me to resign from volunteer activities which used to be a very large part of my life. Fortunately, I have 4 brothers and sisters, numerous friends and nieces and nephews. I remain very grateful for all my blessings. Lastly, I have a good pension and savings so I am able to afford help in keeping my home and garden looking good.	4/23/2017 9:34 PM
20	The questions about drug/alcohol use should have the option to choose 'not applicable' in some of the cases.	4/23/2017 9:21 PM
21	Q48: How often do you get out of your house to go to a concert, movie, restaurant or other reason per month, or to visit friends, i.e. out-of-house social life - just a suggestion.	4/23/2017 9:01 PM
22	I am so fortunate is so many ways. I would love to see more models of community living for single women who are seniors. I think the community would be beneficial to all.	4/23/2017 8:37 PM
23	The big joke about getting old is that we have gained all this knowledge, wisdom & experience but it is now obsolete due to technology and no one really takes our opinions seriously anymore once we are out of the workforce.	4/23/2017 8:27 PM
24	Easy to navigategood print size. Easy to understand.	4/23/2017 7:43 PM
25	I have depression because I am retired and because I have fibromyalgia but I have tried to work against this state by staying engaged in church and community.	4/23/2017 7:18 PM
26	More help from the government. Reduce the taxes on the house bills. More help do to repair around the house for free.	4/23/2017 7:14 PM
27	I do not have any relatives that see me except at Christmas but I do have 2 dogs that I take to classes and that go to a Seniors Centre to visit the relatives and that go in competitions	4/23/2017 6:57 PM
28	My husband and I have been married almost 58 years. We have 5 children ranging in age from 41 to 52, three are home-grown and two are adopted. We have 12 grandchildren ranging in age from 29 years to 19 months. Our great grandson is 4 years old and 4 of our grandchildren are younger than he. We each have three university degrees (2 baccalaureate and 1 masters each) and all six degrees were attained after we were married. We have a racially mixed family: one of our sons is Cree and received his treaty status as an adult, and three of our grandchildren are half Jamaican. We have both had successful professional careers in health care and education. We have been very active in our professions, in our community, in local theatre and in our church. My husband has suffered a number of life-threatening surgeries and illnesses since 2000 and has been in a long-term care home since mid-March. We have had a very long, fulfilling and happy life together with delightful, successful and usually happy children and grandchildren. I am glad George first whistled at me outside our cathedral in 1956. That act changed both our lives!!	4/23/2017 4:56 PM
29	Although the survey is well-designed, there is a slight suggestion that those with fewer family connections may be at a disadvantage. I have no spouse and no children by choice, not by fortune. I don't see myself disadvantaged in any way because of that choice.	4/23/2017 4:02 PM
	, , , , , , , , , , , , , , , , , , , ,	

31	A lot of my feelings of loneliness and isolation is related to having so many friends and family predecease me My only living family member is my brother (67) and my only child (a 29 yr. old daughter) is estranged from me for reasons I don't understand and she refuses to explain. Although my brother is married with his own family, he and I have become even closer as we age, I consider myself very blessed to have him in my life. In general terms, I'm finding it harder and harder to relate to today's corruption, greed, and deception in the business world, politics, healthcare really, almost every facet of public life as we've known it in the past. Most of my friends are considerably younger than me (I'm 73) so it can be a bit difficult to relate to their complacency as our society continues to devolve further into chaos and injustice. In terms of those of my own age group, whether the few close friends I still have left or casual acquaintances, I find it somewhat depressing that so many of them seem to have given up on life. Disillusioned and stuck in negativity just waiting around for the grim reaper to make his appearance! I've always been very proactive and mostly self-employed during my working life, very independent and self-reliant. At the moment I'm in the process of selling my house to finally enable me to retire completely from the very physical construction work I've been involved with for most of the past 40 years. I'm looking forward with great enthusiasm to having the finances, time, and energy to spend some time working on my Bucket List, travelling, and devoting more time to my musical endeavours. I've had a lifelong love of music since the age of 12 as a student, player and teacher on both a part time and full time basis. I put together a part time 5 pc. Jazz project about 15 months ago with much younger professional musicians. Their enthusiasm for my playing ability at my age is somewhat surprising and I don't mind bedding, very gratifying! I'm very pleased that the band has been very we	4/23/2017 2:04 PM
32	Despite the fact that almost fifty percent of us are single the world caters almost exclusively to couples. When one reaches a certain age, friends are either dead or decrepit, making travel very expensive paying single supplements.	4/23/2017 1:47 PM
33	"how many children do you have?" - i had one die, and i have 2 stepchildren, in addition to my one living child. i know this is a difficult question to frame, giving all the possible combinations; but after my daughter died, this question brought me to tears on several occasions, and i didn't know how to answer it.	4/23/2017 9:58 AM
34	to many?	4/23/2017 9:26 AM
35	I feel it's very important for seniors to live near community centres. Always something going on there to get involved in and meet new people. Life changes and we constantly need to meet more friends.	4/23/2017 9:03 AM
36	Texting seems to be the way to communicate now but the price of being able to have the equipment and the data time is out of reach for most seniors.	4/23/2017 1:43 AM
37	Learning to accept retirement living in a facility of approx 125 residents - many of them have considerable health issues	4/23/2017 12:27 AM
38	I think this is a well-planned survey and I found it easy to understand and respond to. I hope you will let us know the results of this survey, either in your Zoomer magazine or (preferably) in an email.	4/22/2017 10:44 PM

39	You don't take into consideration people who are widows, pet ownership, poverty, downplayed people who are involved in public service from visiting people in hospital and on and on this survey is poor. Your carp I feel is always towards wel to do health seniors you always leave out disabled persons and people who are not with funds with allot of discretionary incomes. You are sad, sad people who feel fund drives allows you not to see that there are people who read your magazine who can't walk or put on makeup or dress up like dolls	4/22/2017 10:05 PM
40	My only issue with CARP is that it is geered to upper middle class retirees. Trips, 'stuff' things that rarely interest me. It seems to me they see everyone over 55 as enfeebled in some way and in need of medication of some sort. What about addressing. Vibrant, happy seniors who enjoy life in a simple way. I know a lot of people who take trips that seem to have no impact on their lives except for weight gain and huge financial costs. That money could be better spent I. Ear own communities instead of floating in a 5,000 Petrie dish.	4/22/2017 9:27 PM
41	When the question is far below the response choices its hard to resond without scrolling back to the top.	4/22/2017 9:12 PM
42	Respecting the question about drugs and alcohol, a question should probably be included as to whether we have ever used either, as I neither drink nor use drugs	4/22/2017 9:00 PM
43	Came to Canada. 1972 and fell, from Denmark and fell that, the liberal have totalt scwered this contry up. they get in Large Deeb and levet it to the conservative to Corret the National Finance, then They Leberal by election time Promise Gold & Greer Forrest, & stupid enough the Canaidan belive Them again, How Stupid is the population allowed to be, her. We se the same provincial election. I live in B.C. and shake my head. Just let the buisnes people run this contry. Just look at Realestat. in Ontario and B.C. Total open market, total out do our local Buisnes men. Foring money shall not be allowed into ruin the Local market. My two girls will never come to own there own house. Thanks to Pierr Eliot. Dance behing the queen. Ill stop here.	4/22/2017 8:37 PM
44	The survey did not really cater for people who could not partake of any social events or volunteering positions or travel locally because of a physical disability that prevents attendance at any social gathering. As I cannot walk easily or sit, I cannot take public transport, go to the theatre, restaurants or anything else, so I feel some of the questions should have had an extra line that could be a qualifier for the answers given before.	4/22/2017 8:08 PM
45	Alcohol question - no place to enter "rarely use". Perhaps a question such as, "Do you have someone to go to movies, concerts, etc. with?", because this is very important to single older people.	4/22/2017 7:51 PM
46	A very good survey but questionable of what use it will be .I would like some feedback later please.	4/22/2017 7:49 PM
47	I have 2 great grand children, I do not drink alcohol, there is no space for that answer, why ? interesting SURVEY	4/22/2017 7:09 PM
48	This survey did not assess time on email and not social media. Several choices did not reflect weekly variations in interactions (some weeks are busier than others). Asking about Time watching TV during the Stanley Cup playoffs will skew results.	4/22/2017 6:51 PM
49	1/3 of the current Senior scenario are Women living alone in poverty. Is this this on CARP'S radar at all?	4/22/2017 6:51 PM
50	Helping to remove social isolation is one of the goals of our older adult centre where I volunteer.	4/22/2017 6:43 PM
51	I find myself very satisfied with life. There are many people in worse shape than me and a few in better shape but I am satisfied with my lot.	4/22/2017 6:27 PM
52	No longer visit nearby library as I read e-books daily. Obtain them thru TPL overdrive system. Tablets are much easier on arthritic hands than heavy books.	4/22/2017 5:43 PM
53	I think it's a very good survey. It's about time somebody stated asking the right questions when it comes to some one my age. Thank you.	4/22/2017 5:34 PM
54	fluymes2@cogeco.ca	4/22/2017 5:23 PM
55	you did not ask whether we have pets	4/22/2017 5:16 PM
56	This is an important survey. Thanks for running it.	4/22/2017 5:07 PM
57	You should ask us: Do you drink or do drugs. I do neither. I include my 2 kids as friends.	4/22/2017 5:04 PM
58	INFO@NORTAX.CA	4/22/2017 4:21 PM
59	none	4/22/2017 4:09 PM
60	Hope that my answers assist yoy	4/22/2017 3:26 PM
61	My life is not ideal because of my wifes dementia but I cannot say I have a bad life . I was always taught to be positive and look for the good. I have a lot of good in my life!	4/22/2017 3:24 PM
62	I miss my deceased spouse very much and hate living alone-I would like to have a female companion but it's difficult	4/22/2017 2:57 PM

63	I have several step-children and grandchildren whom i keep in touch with frequently	4/22/2017 1:58 PM
64	I would like to suggest that people join a local service club (Rotary, Lions etc.) I have found that (even in my working life) such a membership is vital for a) the community and b) for your self value. In retirement it becomes even more fruit full for self esteem and camaraderie.	4/22/2017 1:47 PM
65	In the question about library usage I use many electronic library services which I considered as virtual visits to the library I rarely go to the physical building.	4/22/2017 1:44 PM
66	Neither Canada's nor B.C.'s political structure is overly favourable to seniors in the sense that we are often treated as expensive nuisances. Our politicians seem to forget that they *work for us*or should. More must be done to keep seniors from feeling that they are no longer relevant and significant to society.	4/22/2017 1:10 PM
67	Might ask what people think they needservices, etc. E.g. I could use a good handyman sometimesdifficult to find!	4/22/2017 12:55 PM
68	This is a good survey. We have too much interference by government.	4/22/2017 12:52 PM
69	nil	4/22/2017 12:38 PM
70	More help for people living or moving to rural areas to ease isolation.	4/22/2017 12:34 PM
71	My answers to your survey would have been different two years ago before we moved to our condo apartment. I reached out immediately to learn Euchre and Bridge and attend events, and now have a wonderful group of people to socialize with and chat with. Prior to that I felt alone and friendless, and despaired of my life if anything happened to my husband. The fact is, a new environment enables you to make a fresh start. No one knew me before I arrived and had no preconceived notion of who I was. I was able to set my own tone, and be myself. As we get older, our pool of people to socialize with begins to decrease with illnesses and deaths, thus I have found that in groups aged 60+, everyone seems to be more relaxed and ready to accept you. Advice? Just open up, become involved, and assume you will be accepted. You will be much happier. So will others.	4/22/2017 12:33 PM
72	Fighting Anxiety and depression.	4/22/2017 12:22 PM
73	Perhaps, you should ask the question, do you consume alcohol/drugs before assuming that all people drink or do drugs.	4/22/2017 12:20 PM
74	no comment	4/22/2017 12:20 PM
75	Great survey will look forward to seeing conclusions. When will we see results? know no direct response to queation	4/22/2017 12:13 PM
76	not at this time	4/22/2017 12:09 PM
77	how are isloation and loneliness togther? thru i see poeople what if i choose iisloation to catch up that i wanted to but was blocked due other duties	4/22/2017 11:57 AM
78	Sorry, 3 grandchildren.	4/22/2017 11:52 AM
79	Most are too lengthy!!	4/22/2017 11:49 AM
80	Question 38 presumes everyone drinks alcohol. This is a wrong and some might find it insulting. The choice of responses should include "not applicable" and not limited to just "yes" or "no".	4/22/2017 11:39 AM
81	I have been blessed with good Scottish genes and have only had one serious illness in my entire life - Scarlett Fever when I was 10 years old. The only time I have spent in a hospital was to have my children. We have been married for 55 years and continue to enjoy each other's company and the fact that we can still live independently but near our daughter and her family. I can think of very little that would improve the quality of our lives and for that I am most grateful.	4/22/2017 11:31 AM
82	The question with the ladder does not make sense to me. This is an interesting survey. I am currently not driving so if my husband was not driving then I would feel more isolated as I am physically handicapped and may have answered some of the questions differently since this survey seems to be looking at social isolation and loneliness. I'm certain that although I live in a city that I would find a way to get around and do some things if my husband could not drive either.	4/22/2017 11:31 AM
83	I tend to be a loner. I am creative. I've just gone through a difficult period as primary caregiver for an elderly parent who subsequently passed away. Also had just retired when she was diagnosed.	4/22/2017 11:26 AM
84	Our children don't bother with us. Of eight sons, only three can be called upon to help and that is with reluctance. I sometimes feel that we could die and they wouldn't care. Our grandchildren definitely wouldn't care.	4/22/2017 11:15 AM
85	The question about community was interesting. When I lived in a very small rural community, I did indeed take part in many activities, but now that I live near a larger town, I haven't become an integral part of any community here.	4/22/2017 10:49 AM
86	In your question about drugs and alcohol, you do not give the option to indicate that one or neither is used at all.	4/22/2017 10:46 AM

87	,WE appreciate the work that CARP does on our behalf and these surveys which will help to advance the needs of retires.	4/22/2017 10:44 AM
88	Recently widowed after 45 yrs married. No longer can do the couple activities and friends not the same. Too much time alone brings on depressing feelings.	4/22/2017 10:41 AM
89	Survey points out that I may have a problem! I enjoy being independent however I haven't balance a social life during my professional years. I am still called upon when my professional help is needed but rarely socially.	4/22/2017 10:37 AM
90	I was a very active person before we moved to be closer to family because of my husbands health. It will be fatal and I do miss my friends which are 3 hrs. Away now. I cannot get out to visit.	4/22/2017 10:36 AM
91	This was a most interesting survey	4/22/2017 10:27 AM
92	It would be easier if you could see all the choices at the same time. I had to keep going up and down to see the choices and some were not lined up properly, making it difficult to decide.	4/22/2017 10:23 AM
93	I live in a condo near the lake which is what prompted me to buy. However, I was somewhat misled by the number of people that rent rather than own. This produces a community of young people who double or triple up to pay the rent. For an older person it becomes a very lonely environment. I see only a few people who are anywhere near my age and there are no social activities. The situation has worsened over the years as more investors buy up new condos in prime areas in order to rent them out.	4/22/2017 10:20 AM
94	You should ask what physical activities are regularly part of our lives - eg, in my case cycling and skating as well as walking	4/22/2017 10:11 AM
95	nothing in particular	4/22/2017 10:05 AM
96	I do have extended family of 3 children and 4 grandchildren	4/22/2017 9:59 AM
97	I feel that seniors are the forgotten people in society and do not receive the respect that we deserve.	4/22/2017 9:59 AM
98	nothing	4/22/2017 9:46 AM
99	Many retirees winter with in the south. Their experiences in their winter homes may be very different than their experiences in Canada. I know mine are.	4/22/2017 9:43 AM
100	In the question about use of alcohol # 1. should be "do you consume alcohol?" I answered the way I did because I do not, but my answers could well be taken as my being a pig-headed alcoholic - WHICH I AM NOT!!!!	4/22/2017 9:31 AM
101	I am nearing retirement and have mixed emotions. Based on tradition, I should be retiring and what I would have expected by the time I reach my age of 64. But is such is not the case. I must work financially and I have no other interests that could keep me active if I were forced to retire. Sure I can volunteer but I don't think it would fulfill me. I would like to have a male companion/friend but also like my independence. I enjoy my work in most instances but it is more than I can handle. I have the desire but not the energy to keep up. I like the people I work with and thankfully there are people my age or older. Yet, I feel on the down side of the hill in terms of keeping up with the changes and striving for excellence. I have close friends but they have their own lives as well and we don't spend a lot of time together. I have not been on a vacation away in a number of years. Because I have been in this job coming up 3 years, I have only had 2 weeks' vacation a year and it hasn't been at one time. I feel I need a longer break to reenergize or at least I need to become more active. I 'blame' my osteoarthritis sometimes for my lack of activity but I know it is also due to anxiety.	4/22/2017 9:11 AM
102	This was a depressing survey to complete. I wish there was some individual analysis and feedback and follow up to a survey like this	4/22/2017 9:11 AM
103	CCAC groups for caregivers of spouses with demention is non existent in our town of Bolton, Ontario. To join a group for support requires a caregiver travel by car into South Brampon which takes close to an hour.	4/22/2017 9:00 AM
104	I have never used alcohol or street drugs.	4/22/2017 8:48 AM
105	Surprised no questions about financial security and how lack of causes isolation, increased alcohol use, etc.	4/22/2017 8:47 AM
106	1 son, 1 daughter-in-law who dislikes us?? 2 young grandchildren whom we never see, have tried everything to be a family unit therefore this puts much stress and isolation in our life.	4/22/2017 8:47 AM
107	I use my iPad to access books. I can access the library in this way.	4/22/2017 8:22 AM
108	I think the question about alcohol is incomplete and would better clarify if two other questions were added . 1) Do you drink alcohol ?2) how often and how much ?	4/22/2017 8:15 AM
109	As a now single person, affordable housing is my biggest concern. Without a safe and affordable place to call home, there's no time, money or energy to socialize, volunteer as I did for many years.	4/22/2017 8:11 AM

110	The survey does not ask about social interactions that we can have outside of close friends and family. It doesn't ask about whether close family or friends are living close to us, could provide help or social interactions. The question about alcohol should firstly ask whether we drink or not, otherwise, it is shortcoming.	4/22/2017 7:58 AM
111	interesting	4/22/2017 7:58 AM
112	Why restrict your question on tobacco use to cigarettes, are not cigar and pipe smokers at risk of social isolation?	4/22/2017 7:55 AM
113	I am going through a rough period right now as my daughter just died. This could have coloured my answers.	4/22/2017 7:50 AM
114	Difficult to make friends	4/22/2017 7:50 AM
115	0	4/22/2017 7:28 AM
116	Will be moving to the countryside in 3 months time (approx 20 Minutes outside of the city where we are presently) and hope that the social interaction will improve.	4/22/2017 7:04 AM
117	I would think for the most part that this survey wouldn't target socially isolated people, because they wouldn't have access to a computer or be on line.	4/22/2017 7:03 AM
118	The medications that I use are to deal with a chronic medical condition. The side effects are terrible and I'd love to cut back but there's issues involved with that. Hopefully with the new Marijuana laws and medical accessibility I will be able to afford to transition from chemicals to something a little more holistic. I know I'm not alone but support from people dealing with these issues (I've been to support groups) doesn't seem to be helpful. Meditation is a singular, lonely experience as is exercise and journaling. Sleep is a blessing.	4/22/2017 6:56 AM
119	Where there is a long list of questions the column headers should have their panes frozen so people can keep track of the catagories	4/22/2017 6:26 AM
120	Well thought through questions. Thank you.	4/22/2017 6:22 AM
121	You did not ask how much do you drink a Day. So I think you should change that to be more accurate.	4/22/2017 5:59 AM
122	I am a grandmother but I very rarely see my two grandchildren. My daughter-in -law and her parents dictate if I see my grandchildren or not. I don't discuss this with my son n as I don't want to put him in the middle.	4/22/2017 4:07 AM
123	I am a volunteer Webmaster hence I do not have any personal contacts with individuals while doing my volunteer work.	4/22/2017 3:59 AM
124	I don't usually comment on surveys that provide an opportunity to do so. On completing this survey I paused to reflect for a bit and would simply add that for a 75-year old I'm fortunate. Although I probably should use hearing-aids, I'm very fit for age. I can still run, jump, hike, ski, kayak, bike and do manual labour as well or better than many 50-year olds. I use no meds regularly yet; just one Rx for my annual occurrence of gout. Intellect is still intact – I think. Two active "working" boards and their committees ensures lots of work. The "brotherhood of arms" provides great comrades and I reciprocate, of course. If anything, I have too many interests. I'll spare you the list. The Great Conceit? Nobody believes I'm 75. Take care, CARPers:-)	4/22/2017 3:06 AM
125	Question 35 on drug and alcohol use was poorly worded. I would have answered 'non applicable' to most parts of this section. It would have been more useful to ask if responders used alcohol, prescription drugs or illegal drugs to 'escape' from their loneliness or problems. As a caregiver, I am constantly told to "remain socially active and involved" for my good health. This is nearly impossible in our culture for a married man who has a "partner in care". Acquaintances who might have invited a couple out for an evening do not invite a single person. Please advocate for social singles clubs (not singles dating clubs) to expand membership categories from the usual "single,separated, divorced, and widow/widower" to include "partner-in-care". Those of us, whether male or female, who have our partner in a care facility need social interaction opportunities just as much as people in the other categories.	4/22/2017 2:58 AM
126	We live in the Fort McMurray 2017 wildfire region. There is a lot of stress here, especially with the year anniversary coming up in May. The Seniors (many). Who totally lost their homes are very stressed with rebuilding, if you can imagine this trauma. Those owho did not lose our homes are stressed over our dear friends losing theirs.	4/22/2017 2:46 AM
127	I would think that if you are an advocacy group for older people, the two most important aspects of our life have been missed and these are: health care and financial stability.	4/22/2017 2:15 AM
128	I have a big dog who provides a great deal of comfort, companionship and friendship. He fills the void in my life.	4/22/2017 2:08 AM
129	The role of pets is very important to many people to ease feelings of loneliness. I want to add that I have two dogs and that helps me a lot to feel happy.	4/22/2017 1:51 AM
130	I don't have any feedback at this time but thank you for the opportunity.	4/22/2017 1:33 AM
131	It was very interesting	4/22/2017 1:30 AM

132	I am very blessed by God and His Son Jesus Christ. I have sufficient money to travel, I live in a town of 20K people, I am an extravert who is happily married to a wonderful woman - I do have some regrets but in the big picture I am so blessed. Thank you for trying to help those who struggle (like one of my sisters and one of my friends who is a neighbour up the street - they struggle in different ways, but are not enjoying retirement)	4/22/2017 1:11 AM
133	Because I don't use alcohol or non-prescription drugs I found the questions relating to these poorly worded and seemed to assume that everyone had problems with them. Perhaps a lead I question - do you use would be more meaningful.	4/22/2017 1:05 AM
134	Good survey	4/22/2017 1:00 AM
135	It would be beneficial to add N/A to questions as some did not apply to me. eg: Alcohol, smoking, drugs question. Thank you!	4/22/2017 12:46 AM
136	re social activity, it varies, sometimes little or none, other times all day. I am fortunate to be very healthy.	4/22/2017 12:34 AM
137	You failed to inquire about income which would influence some answers	4/22/2017 12:22 AM
138	some people live in villages- pop less than 3000.	4/22/2017 12:17 AM
139	Happily married for more than 50 years. Financially secure.	4/22/2017 12:09 AM
140	Because my best friend is Jesus Christ, and He is always with me (and yes, we converse), I do not feel lonely, and never have; also depression is not part of my life.	4/21/2017 11:58 PM
141	I was born in Quebec City. I have lived in Ontario for over 40 years. Have been with my mate for over 40 years. We are at times like 2 strangers together. I no longer love him. We travel together twice a year. I feel very young at heart and look much younger than I am. I am 76 but look between 60-65, and am very affectionate towards people. I need to touch and be touched, in other wors I need love. My family members are out of touchwith me for years and do not like me	4/21/2017 11:52 PM
142	I lived in NI most of my life after I retired and had been divorced I met and moved in with my present partner and moved to Labrador. Although I am in contact with my family and friends I miss them all very much. I do spend 3 months a year in our summer home in NL and travel to visit family when ever I wish. Its not a bad way of life just different. My partner is a former "boy friend" from my youth (widowed). So we have a pretty good relationship but old age is catching up quickly. We are both 77.	4/21/2017 11:51 PM
143	You could have asked about outside the home activities and what type and how ofteneg playing bridge or taking art classes	4/21/2017 11:45 PM
144	It might be useful to ask if the respondent needs help with every day activities (like cooking, shopping, cleaning, gardening.	4/21/2017 11:44 PM
145	Our grandson has been living with us from April - Dec and now we are wintering on V. Island. I enjoy people and always have company for meals coffee etc. which I think is a very positive in our outlook on life.	4/21/2017 11:42 PM
146	As a senior I am still taking financial care of my adult child, his partner and their two children. I know many who are in the same position as me. It seems common today. This raises my level of stress yet I care deeply about my grandchildren so I accept it. What can we do to help seniors in these situations. Also many services for seniors to avoid isolation are provided in french only. Even though I'm bilingual, I would like to be able to socialize with some other English speaking people but I don't know where they are in my community of Montreal.	4/21/2017 11:36 PM
147	Because I live in Northwestern Ontario I am uncomfortable slotting myself in with Torontonians. This would also be an issue for other provinces I am sure. You would get better data if you allowed participants to narrow down their geographic location - for example by postal code.	4/21/2017 11:33 PM
148	some of the questions could have had n/a as an option	4/21/2017 11:24 PM
149	Some questions need more space for more details,like:to put yourself on scale.ls it about being popular educated rich(money)?	4/21/2017 11:23 PM
150	I'm very active in my activity centre. All my family live far away.	4/21/2017 11:21 PM
151	A number of close friends passed away. I'm finding it difficult to find people like me- healthy and active to do things with. I'm not wanting to date but would love to meet like-minded single people to travel or do things with. I belong to a sports group but am not meeting singles, only married folks.	4/21/2017 10:52 PM
152	Re children 2 children. Both deceased no family	4/21/2017 10:52 PM
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153	1) Although I see my daughter weekly, and although she and her husband are very generous when it comes to monetary or other gifts, I find them extremely self-absorbed. 2) I am estranged from my son who happens to be the one with children hence I don't see any of them. 3) I would love to travel but find the prospect of doing so on my own rather depressing. I don't feel that any of my friends/acquaintances or siblings would wish to travel with me. 3) Although my siblings have a close relationship with each other (I left the town where we grew up many years before any of them arrived in the Toronto area), I often feel left out, not in the loop of family information and sometimes, even, activities. 4) Despite keeping busy with social activities to get through the days, I feel extremely alone. 5) I feel the lack of a loving partner in my life.	4/21/2017 10:50 PM
154	My main drawbacks to happiness are my physical disabilities and moreover pain from arthritis.	4/21/2017 10:42 PM
155	Eleven years ago I was so traumatized in an illegal eviction in BC that I left all my friends to buy a cheap house in Northern Saskatchewan. I have not met a single vegetarian.	4/21/2017 10:42 PM
156	Here's today's tip: be good to yourself - read the Connolly Report - be a dividend investor - it's brain dead investing. Pass this tip on to everyone !!! Love it !!!	4/21/2017 10:24 PM
157	The whole medical system takes up a person's entire senior yearsyou can't travel because you are always waiting for appointments, tests, surgery times, and with travel insurance's restrictions, with 2 people it is almost impossible to have a time period long enough to get reasonable coverageand it isn't due to real problems that are restricting, but the entire medical system that has us 'hostages'it is destroying our lives. Also you can't move anywhere you may like to live due to the fact there aren't sufficient medical facilities in the areas, without air travel, etcI had no idea that 'my life would be run by the medical system' in retirement. Also housing is another huge obstacle, because they just didn't build and plan ahead years ago, and they still aren't really handling the problem. They are spending thousands planning on helping people stay in their houses, but in reality, in suburbia that is not where seniors belong, isolated in their house. But no one seems to want to listen to these facts.	4/21/2017 10:20 PM
158	GREAT SURVEY KEEP UP THE GOOD WORK	4/21/2017 10:20 PM
159	Questions on neighbors, sense of closeness with them, and ability to help neighbors in times of crisis. Number of years spent in neighbourhood. My grown children lack sense of community in their neighbourhoods.	4/21/2017 10:18 PM
160	I do not drink Alcohol I spend a lot of time Gardening as I have a large garden. Since I still drive and have a car I rarely use public transport, which is not readily assessable from where I live.	4/21/2017 10:11 PM
161	Question about alcohol and drug use, I did not answer, because of my religious faith I do not use either alcohol or mind altering drugs (marijuana, etc.) at all. There was not a circle marked "do not use" for any of these questions.	4/21/2017 10:04 PM
162	The cost of living, especially rent is very high in my city, there isn't much money left to do things with friends. It is difficult to find free things to do	4/21/2017 10:00 PM
163	I have an additional home in Florida. I spend five months a year there. My personal assistant (also now my best friend) Stays with me in Florida.	4/21/2017 9:59 PM
164	I also have 2 great grandchildren. That question should have been party of this survey.	4/21/2017 9:52 PM
165	My "Spirit" is still up and with itbut is curbed by the effects of health issues and set back by Family deaths, 2 breakins and financial constraints.	4/21/2017 9:51 PM
166	I was working as a real estate broker 'til 2 years ago when I quit to look after my wife who had a stroke. She has never been depressed and we enjoy each other but we don't get out much because of her balance. We do not feel isolated.	4/21/2017 9:46 PM
167	The most important issue for seniors, is finding a good, financially reasonable, government-sponsored place to live when unable to take good care of ourselves.	4/21/2017 9:41 PM
168	I decided of own accord to abstain from Alcohol at 70 and to seek better health which I have achieved accompanied by weight loss & greatly increased activity. I have a new life at 75!	4/21/2017 9:40 PM
169	9 grandchildren 4 great grandchildren None live in my city. Do travel to see 2 youngest on a regular basis annually	4/21/2017 9:34 PM
170	I have been a full-time caregiver to my infirm 88 year old mother since my retirement in January 2012. I have not been able to take a vacation since 1999 due to my caregiving obligations.	4/21/2017 9:34 PM
171	I enjoyed participating in this survey. It was friendly and easy to use. I would willingly participate in this kind of survey in the future.	4/21/2017 9:32 PM
172	Would like to see the results and what you will do with the information	4/21/2017 9:30 PM
173	Not sure about the questions about drug and alcohol use. there was no option to say "I do not ever use either one" so it's not a problem.	4/21/2017 9:27 PM

174	The question about television viewing was difficult because it varies greatly from winter to summer. We watch very little in nice weather and much more in the winter months. Also outside physical activity and contact with others is much greater in the summer months.	4/21/2017 9:27 PM
175	drug/alcohol questions should specify time frame who didn't drink too much at university?	4/21/2017 9:23 PM
176	I am one of the lucky ones	4/21/2017 9:22 PM
177	I (We, my wife and I) are thankful to be living in a decent, safe, accessible, apartment building. Rental costs are a problem, however, and we are not sure how much longer we can afford to live here (especially not knowing what rental increases to expect). There is a concern in finding another apartment that is a affordable and meets our needs should we be required to move.	4/21/2017 9:17 PM
178	I have recently moved to a new community so my answers may not accurately reflect my involvement as I am just investigating what is available.	4/21/2017 9:06 PM
179	We are physically cut off from friends and even neighbours due to the winter months. Our suburbs are not designed to socialize in public spaces or coffee shops in the neighbourhood. A car is necessary for almost all activity. To see most professional entertainment such as classical music concerts, operas we need to go to Europe. Our local library is our saving grace. They have a great collection of books, videos, etc. and encourage getting together. In Alberta, especially the Edmonton area there is not enough physical beauty to enjoy (apart from the mountains) Streets and downtown areas have not kept up with keeping infra-structure in shape. People need more beauty in public spaces to feel that it is worth going out for. They need to feel proud of their environment.	4/21/2017 9:05 PM
180	First-I have never conssued drugs or alcohol to atach what I think you were looking for Secondly I am going through Chemotherapy for stage 4 cancer so hard to be as clear as possible about som questions but ansered as well as I could and thirdly I am a retired health Nurse of some 50n yrs with experience in Homes for the Aged etc	4/21/2017 9:03 PM
181	Survey is good, but these days good to know if one is in first marriage, second or what? There's no mention of that, e.g. I have two biological children but three step and 9 grandchildren two of which are biological.	4/21/2017 9:03 PM
182	My social life and my health would be better if I could ever get my spine and arthritis taken care of. I'm on medical cannabis but I've been waiting a long time for Cortisone shots in my spine.	4/21/2017 9:03 PM
183	I live in a senior complex (58 yrs of age & over). Because of their use of walkers, scooters, canes, it is very difficult to find someone to go bowling with (not grass bowling), golfing, various sports. My lack of transportation means I cannot do it either. Public transportation is extremely poor, 2 blocks or more to access. Criminal activity is very high in Halifax, so I don't go out alone in the evening. Was very active all my life and miss that, especially now that I am retired. I feel this is a major source of decline on my physical as well as my mental wellbeing. With regard to your surveys, a number of the questions should have the option of 'Not Applicable'	4/21/2017 9:00 PM
184	I am widowed, I don't know how I indicated that I had a spouse. My 2 daughters live near by and I see them almost daily. I care for my granddaughter after school. I go to the YMCA for exercise and social contact. I don't have enough time to do everything I'd like to do.	4/21/2017 8:56 PM
185	You didn't mention hobbies, sports or travel in your survey.	4/21/2017 8:51 PM
186	Not currently involved with volunteer work as live away from home at various times of year. Have been actively involved in volunteer work up until the last five years.	4/21/2017 8:49 PM
187	My life would be better had my husband not died seven years ago.	4/21/2017 8:49 PM
188	I guess I'm just lucky! I have a nice apartment: it's not the condo I used to have, but it's warm, it's safe, it's quiet- what more do I need? As for life, I find it difficult to be considered 'old' just because of my age, or because my hair is gray or I have wrinkles. Some people, even some of my family,(!) seem to think that I should just realize that I'm old and therefore should not travel, cruise, or do all those things I use to do. This irritates me. I think we all know our limitations, and know all too well how much we can manage.	4/21/2017 8:46 PM
189	doreenmc31@yahoo.ca	4/21/2017 8:41 PM
190	My biggest concern is as friends pass on, keeping active and ensuring that either home care or facilities (LTC or day centres are available to continue to be socially active	4/21/2017 8:39 PM
191	I keep busy	4/21/2017 8:37 PM
192	To be lonely is very depressing	4/21/2017 8:31 PM
193	Criteria for rating my own standing in the community was unclear to me; i.e., financial, social, community involvement, etc.	4/21/2017 8:22 PM
194	I do not like myself.The survey was good,thank you!!	4/21/2017 8:16 PM

195	I have my own vehicle and go to events that are easily accessible (have a handicap placard) but for some events those of us with limited mobility or difficulty walking long distances or needing a spot to rest are out of luck. If you need to park many blocks away or stand in line for a long time you just do not participate. Seniors as well as people with very young children tend to be forgotten in my community.	4/21/2017 8:15 PM
196	no comment	4/21/2017 8:14 PM
197	Questions are too simplistic: yes or no answers are not desirable.	4/21/2017 8:13 PM
198	My answers are as honest as possible: I recently retired and moved 3400 kms from the east coast to Ontario to be nearer to some of my children, so my close friends are far away and I am starting over, trying to make a life here: a challenge with no work or ongoing social network.	4/21/2017 8:13 PM
199	I cannot think of anything at the moment,	4/21/2017 8:08 PM
200	I am currently seeing a psychologist and she is a definitely help with my being able to talk things over when I am overwhelmed with life.	4/21/2017 8:06 PM
201	There should be available transportation for seniors,ie community buses to take them shopping,medical appointments etc. Seniors should not have to pay for public transportation. Bus or train. in Canada.	4/21/2017 8:05 PM
202	I very much enjoy my work. My problem lies, I believe, in that before my husband died three years ago we moved away from a community where we had many friends. I only know a few people here of my intellectual level or who have traveled as much as I have. Occasionally friends will come to visit but they are all my age and it's a long drive, four hours. I cannot drive that far alone now. Also, I don't want to impose upon those people I do know in this community, they are younger and have their own lives to live. I feel that I'm probably a bit of a drag in their company.	4/21/2017 8:01 PM
203	Was recently widowed for the second time in my life this was more difficult in that the first husband died much younger and I had my work and children and grand children to distract me	4/21/2017 8:01 PM
204	none	4/21/2017 7:57 PM
205	Not enough community support for single seniors	4/21/2017 7:56 PM
206	I have never used alcohol, illegal drugs or tobacco products. Very good, healthy lifestyle. Mobility has deteriorated so volunteering and going places are now limited,	4/21/2017 7:54 PM
207	I think my answers may be skewered a bit as I am still mourning the death of my best friend who I could tell everything to and who I met with once every week. Before I cancelled my land line due to an increase and got a cheaper cell phone, we talked about 3 times a week in addition to meeting. Also, not driving and able to get around without walking and lugging groceries everywhere is the reason I put myself # 4 on the ladder. No grocery stores in this town deliver. I am thinking seriously of moving closer to my brothers.	4/21/2017 7:47 PM
208	I feel fortunate that my health remains good enough for me to remain active in my research and writing and to be at least moderately active. I regret having no grandchildren but hope to contribute to younger generations in other ways.	4/21/2017 7:46 PM
209	I sent my money for renewal how come I keep getting a notice about renewing?	4/21/2017 7:42 PM
210	Part of the problem seniors seem to have is the kind of relationship and amount of contact they have with their adult sons and daughters. They made be ok during the week but not the times that families spend togetherweekends/holidays-more questions on this is needed	4/21/2017 7:39 PM
211	On the alcohol question, I am a past drinker. Not heavy, just regularly. 10 years ago I gave it up cold turkey.	4/21/2017 7:36 PM
212	I believe I have a lot to contribute to my community but because of being in constant pain I do little and I am quite bored and frustrated.	4/21/2017 7:35 PM
213	I lost my husband of 45 years a year ago and this has influenced some of my answers	4/21/2017 7:34 PM
214	I believe that all older adults should be digitally aware and reduce isolation. It works for me! I take on-line courses: I'm 85. and a volunteer in our community in varied ways. I am an INFP.	4/21/2017 7:27 PM
215	question re drug alcohol use, there was no option for not applicable - i neither smoke or take nonprescription drugs of any kind	4/21/2017 7:26 PM
216	I've been polydrugged for chronic pain. I am now tapering off all drugs. The effects of prescription Benzodiazepine use has caused the pain I am in as well as the inner ear damage that causes extreme vertigo and disorientation. That drug should not be prescribed. I've been kept on it a very long time and have been tapering for over a year now. If CARP does anything, it must turn it's attention to Benzo's. They are causing such pain to millions of users. Many don't know the damage been done to them is being caused by these drugs. Please take up this cause if you want to save and make people's lives livable.	4/21/2017 7:26 PM

218	Am very independent with many interests and hobbies so I am not dependent on social contacts or activities	4/21/2017 7:23 PM
219	My children have moved on to their own lives of which I am not to be a part	4/21/2017 7:20 PM
220	I am grateful to have a very positive life, with family not too far, not too near, good medical care, and a lot of women friends and gay male friends. But you missed asking about the one thing I miss: a sexual partner, a man to keep me company at home.	4/21/2017 7:20 PM
221	No comment.	4/21/2017 7:16 PM
222	I put a lot of effort into ensuring I have contact (real contact not social media) with other humans. I volunteer and seek out new activities. I am particularly interested in advocating for deafness as a disability. It is very isolating socially. However, people are not educated about deafness, and hearing aids. Hearing aids are horrendously expensive and help only a little. I hope that CARP can teach the public about this handicap. What most people know they learn from TV commercials that pretend that hearing impairment is just an annoyance and that a hearing aid company can just fix it. That is just not true. Society knows how to help the blind, but for the deaf it is suggested the smallest invisible hearing aids will just fix your life. Invisible seems to suggest problem gone.	4/21/2017 7:12 PM
223	Protect seniors and provide them with better health care and finances.	4/21/2017 7:11 PM
224	where I stand in the community is meaningless as I lived in a former community for 20 years where is was a big fish in a small pond. I have lived in this place for 2 years. so not enough time to establish a sense of community	4/21/2017 7:09 PM
225	I have been very blessed in my life with wonderful parents, a perfect husband (deceased) and great children, grandchildren and great grandchildren. I am one of the lucky ones!!!!	4/21/2017 7:05 PM
226	Suggest in the question about housing and lifestyles that you include a category for people living with pets since some pets are more important in human lives than other humans sometimes.	4/21/2017 7:05 PM
227	See previous comments. Being retired by choice opens limitless possibilities to explore and do new things regardless of financial means. Mental well being is a product of past experiences and personal attitudes. In life one always has choices. In my career I had a very demanding and stressful positionbut it was only one part of my life. Retirement meant closing one door and opening a new door on new experiences. Two thoughts1. Everyone gets depressed or anxious at timesI learned that honouring the feeling was okay but wallowing in it was stupid so taught myself to move onNO DRUGSNO ALCOHOLjust real life feelings. 2. Taking chances makes one strongjoin a clubetcif it isn't a fitdump it and try something elseabove alllearn to be comfortable aloneyou choose when you want to socialize	4/21/2017 7:05 PM
228	I liked filling out the questionnaire	4/21/2017 7:04 PM
229	Cooking and eating alone sometimes makes me feel sad	4/21/2017 7:03 PM
230	One question was about alcohol and drug use. It assumed that the one who answers uses one or the other. If I don't do either, there is no correct answer.	4/21/2017 7:03 PM
231	It might be interesting to know whether respondents have had a parent or close relative who has exhibited social isolation (i.e. that they may have a model for, either the good or bad attributes of isolation). I know my mother's experience has strongly influenced my attitudes toward aging and participation in society.	4/21/2017 7:02 PM
232	Thanks SO much for all the work and assistance you provide.	4/21/2017 7:00 PM
233	No need to visit a library physically since the availability of online e-books. Ask a question about adult education participation.	4/21/2017 6:59 PM
234	I think the this format covers everything enabling Carp to see what is required to assist seniors to live more comfortably. We just need assistance with replacing false teeth and spectacles, they are far beyond our affordability Nd they are necessary for the good of our health.	4/21/2017 6:58 PM
235	I use phones as little as possible, and wait for a message to be left rather than picking up. Too many scammers! Perhaps you should ask if people have had a child. I had a son, but very sadly he died before me in 2009. I hate to check 'none' as it seems to completely obliterate him.	4/21/2017 6:57 PM
236	Thank you.	4/21/2017 6:57 PM
237	While I now seldom visit my library, I read many books on my e reader.	4/21/2017 6:55 PM
238	My husband wanted the divorce. That was a tough time. My life now is much better. I am in control of my life, and more importantly: my money. My daughters and their families are wonderful We support each other. Husband moved back to Holland. He has trouble making ends meet. I have no contact with him.	4/21/2017 6:54 PM
239	Many of your questions are regarding social isolation. In almost all cases, I prefer being alone and find people tiring and a distraction. many of my colleagues regard themselves as "friends" but in my opinion they are just that "colleagues" not friends.	4/21/2017 6:53 PM

240	I am into crafts and hobbies should have been on the survey because if you have hobbies you can share and have a more positive and outlook and meet friends who like the same things you do not have to be sitting at a computer.	4/21/2017 6:49 PM
241	Your surveys are much too long. Not many people want to spend this time One other you sent re income tax, i filled out half and exited.	4/21/2017 6:48 PM
242	With the death of my parents, I no longer have family living near me. I am somewhat concerned about how I will manage as I age and my health deteriorates. I hope I will find support when I need it.	4/21/2017 6:46 PM
243	As you can see from my responses, I am experiencing a very satisfying life due to good health, decent income, lots of family around, good friends, my volunteering activities etc. But I know people who do not have the kind of life I have and I do not take anything for granted. As a counsellor, I know the importance of good mental health and isolation certainly contributes to depression. Therefore, it is important that we identify those in our communities who, for whatever reason, are not involved in some kind of rewarding experiences with others and ensure that we keep them connected	4/21/2017 6:45 PM
244	you need a block like this for us to explain some of the answers, it's not always black and white so it makes it harder to answer. I am a member of The Age-Friendly City Committee where I live, and one of our biggest interests is isolation. I am also chairing a Transportation Committee as we need many improvements in this area.	4/21/2017 6:41 PM
245	Most family and friend communication these days is by Text if you are charged extra for Facetime and or Skype etc. Except for a fiend whod doesnt know how to turn his off (FaceTime) and has gigantic cell phone bills. I solve the problem by using a wifi only Ipad. So next time add text to your enquiries. I participate in two singing chorus in winter and a different one in summer with some close friends. They vary in size from 25 to 75. Two are co ed and one is a community male chorus. I have good friends in all these groups and receive far more from them than my contribution. The Dopamine rush from group singing is awesome (and of great value to my ADHD) and is highly beneficial to overcome loneliness. This weekend we are undertaking an overnight out of town trip with as many as 5 performances in cities two hours away. The chorus pays for everything except the coach including Hotel accommodations. Group consists of 35 men ages 45. To 95 with the vast majority over 65. Some spouses also attend. The nature of our group is a registerred charity as we perform the rest of the year in senior residences and at seniors fund raising events.	4/21/2017 6:41 PM
246	After being married for 46 yrs I had to rebuild my life, I am proud of my achievements and base my good life on time spent volunteering and making new friends	4/21/2017 6:39 PM
247	I understand how important social interaction is in our later years. It is too bad that many seniors are afraid of change and social media. They isolate themselves and become depressed and angry with the worlds ever changing ways. I have friends who are like this and they are adverse to changing their ways. They watch the news on TV which makes them think everything is horrible. They think the answer is to isolate themselves but they are actually hurting themselves and becoming more and more angry with themselves and the world. I call them frequently but end up a little depressed myself after talking to them. They have nothing good to say about anything or anyone.	4/21/2017 6:34 PM
248	Three things influence my responses. First, although my husband and I are 'healthy' our lives changed 15 years ago when our only child was diagnosed with schizophrenia. Anything that has limited us in our involvement in the community and with friends is due to this reality and is impacting our aging. Second, we have no family except for our son. No sibs, cousins, etc. I find this isn't taken into account in surveys. And there are many seniors who have no family, literally, or have been distanced from their families for a variety of reason and are truly, truly alone. Oh yes, my third point for your consideration and important for my health and well being is having a husband 10 years younger than myself. I'm the envy of my female friends who married older men and now are their caregivers whereas I am challenged to keep up with my physically active spouse. Highly recommended!	4/21/2017 6:32 PM
249	no further comment	4/21/2017 6:31 PM
250	not a member of CARP anymore	4/21/2017 6:30 PM
251	atherton.consulting@telus.net	4/21/2017 6:30 PM
252	One of the questions you asked was about alcohol/drug use. It is unclearly stated. I don't use drugs or alcohol, and there wasn't an adequate response that could be given	4/21/2017 6:29 PM
253	Re: Question about alcohol use - assumes respondent still consumes alcoholnot 'used tono longer doesfor YEARS'.	4/21/2017 6:29 PM
254	It seems like a good survey	4/21/2017 6:28 PM
255	good survey	4/21/2017 6:26 PM
256	Even though a senior citizen finds it hard getting around physically, it doesn't mean she's brain dead or useless.	4/21/2017 6:26 PM

258	Your surveys are meaningful and helpful. In some cases a comment box for other would be appropriate to explain as situations differ, ex living in a community where you are not 100% language job functional, immigrant, etc. which can contribute to loneliness, are you being bullied at your workplace, etc because you are an older worker	4/21/2017 6:24 PM
259	We are fortunate to be in good health. I just had gallbladder surgery in the last two weeks so haven't been able to do my regular 40 minutes of exercise each day - which I miss doing. We are fortunate to have good family support and are involved with our community on a regular basis. However, we provide services to seniors and their families and there are many people out there that have little or no support and very lonely. One person told me it is worst then going without food, a very strong statement. In our rural community we find that in our farm neighbourhood every one supports each other, we know our neighbours and are in contact with them on a regular basis.	4/21/2017 6:22 PM
260	I think my area offers very little resources for seniors. There is no community centre or seniors centre where I can go for a decent cost to exercise or socialise.	4/21/2017 6:21 PM
261	- we retired early (54 years of age) - we cycle, downhill ski (seasonal ski pass), we hike in the mountains, we trail run in summer in the mountains), we belong to walking/running club (participate several times/week) - volunteer bike patrol for RCMP weekly	4/21/2017 6:21 PM
262	I have no contact with the daughter who has my grandchildren and have not heard from any of them for over five years. The daughter who I do have contact with does not have contact with does not hear from her either.	4/21/2017 6:19 PM
263	I have treatment resistant depression. Part of my isolation is coping with that	4/21/2017 6:16 PM
264	Being able to voice opinions and needs without being hammered down by the younger. My hearing and sense of smell are very acute - windchimes, some smoke, screechy sounds such as radio from neighbors are terrible - echoes in my head. Comparing ideas are needed - not being a passive audience - and letting the younger force their way on us with the pretence that they can do whatever they want if it is on their property - windchimes, dog barking etc.	4/21/2017 6:10 PM
265	thought you would be interested if people were part of a club or social group	4/21/2017 6:10 PM
:66	I have nothing to add.	4/21/2017 6:10 PM
267	You did not ask about availability of social groups, and programs. When you refer to 'social' I assume you mean 'friends'. I have many activities available to me which, while I am able, reduce social isolation.	4/21/2017 6:07 PM
268	There is a particular part of many folk's lives that you have not touched on. athis is pets and how they impact on the people in the survey. It is well known that having a pet is GOOD for people. They get more exercise with a pet and the pet's presence improves their hpysical and mental well being. Look into HABAC Hman Animal Bond of Canada or Delta in the USA for background info on thisor cintact me colbourn@rogers.com.	4/21/2017 6:07 PM
269	Enjoyed taking this survey. Hope it is of some help.	4/21/2017 6:07 PM
270	You assume that I drink alcohol, i do not drink itand I do not have a TV in my house at all.	4/21/2017 6:06 PM
271	The thing that I miss most is male companionship. I have many female friends (some of whom have spouses that I also count as friends) however, I do not have any single male acquaintances. I often think it would be nice to have someone to go to a movie with, or dinner, or some other casual type of event.	4/21/2017 6:05 PM
272	Helping my daughter with her young children every day while she works has helped to fill the void left by my husband's death ten years ago, and I am part of a very close-knit circle of friends who are also alone.	4/21/2017 6:03 PM
273	I feel people my age often feel there is little use in continuing You need purpose for yourself We made a huge mistake and moved to a condo,we should have kept our house. Looking back we moved for all the wrong reasons. Taking care of our home was way more important than we realized.	4/21/2017 6:03 PM
274	There is no mention of income. Many seniors are isolated because they can't afford to join centres, go to concerts, even get to church for lack of convenient transportation.	4/21/2017 6:03 PM
275	crappy survey badly designed get a pro to do another	4/21/2017 6:01 PM
276	I cannot face the increasing isolation I feel from people; no one seems to want to make good friends any more; and they email; they don't phone.	4/21/2017 5:59 PM
277	Daughter moved back into family home after a divorce and had to give up her job in that other country. She has a medical disability and does not qualify for benefits in Canada. New spouse works two jobs P/T and does not make enough to support their family and has no benefits.	4/21/2017 5:57 PM
278	I live in a small condo building with 30 units. Most owners are seniors and we have an active social calendar. We feel we are a family.	4/21/2017 5:56 PM
279	Partly because I have inherited type2 diabetes, and am determined not to need diabetic medications I eat properly and get regular exerciselargely walking.sufficient income for a bit of traveling.	4/21/2017 5:55 PM

280	My self assessment varies daily as I was widowed quite recently.	4/21/2017 5:54 PM
281	The survey provided food forthought	4/21/2017 5:53 PM
282	The possible responses to some of the questions did not match the normal scale. I had difficulty with the range: Agree, Neither Agree or Disagree, Disagree.	4/21/2017 5:50 PM
283	The "ladder" question is rather stupid. Really stupid.	4/21/2017 5:50 PM
284	I live in the Gaspesie region of Quebec. I am an English speaker in a French-speaking community. The number of English speakers here is quite small. I am taking French lessons weekly and I am getting better at it. My biggest problem is my hearing loss which makes participation in groups annoying after one hour (both languages). I also suffer from irritable bowel syndrome which often prevents me from leaving my home. It is a good thing that I like my own company and find ways to occupy myself at home.	4/21/2017 5:49 PM
285	One question I would have like added would be re membership / attendance / availability of a senior's centre. I am fortunate to have a senior's centre close to me (10 min by car / 40 min by bus) which offers a wide variety of activities (active / learning / drop-in) which of course provides contacts and discussion opportunities. To an aging population I do not believe that there are enough of these centres or that they are properly funded / advertised / provide pick-up options for those not mobile.	4/21/2017 5:46 PM
286	We are a later life marriage and each has children by previous marriages. And my husband had had several medical conditions since we married. We also located yo dnothrt province later in life. Separation from family/ slowness of reconnecting professionally and personally are ongoing issues.	4/21/2017 5:45 PM
287	People generally are not grateful for the small things in their liveslike living in Canada .	4/21/2017 5:43 PM
288	Carp is a vital contact for me in my life. I enjoy being part of this community as well as the council of Canadians. I have very limits energy level and impacts my life more than I would like. It was not always this way.	4/21/2017 5:43 PM
289	Good Survey	4/21/2017 5:42 PM
290	My answers about my health are not typical of my real condition because I have just undergone cataract surgery and that is what is preventing me from enjoying perfect health at this time. Otherwise, my health is excellent and my level of activity is very high.	4/21/2017 5:40 PM
291	In the Drug and Alcohol section, you should have a "Never use". I don't use either and had to answer "no".	4/21/2017 5:40 PM
292	I believe that it would have been useful for you to include questions about whether people were living with pets. There is a lot of data which says that people who live with dogs or cats feel less depressed and isolated.	4/21/2017 5:40 PM